

WAPPINGERS CONTINUING EDUCATION

Winter/Spring 2016 Class Schedule

Especially for Students

ANIMAL ARTWORK

David Lumia

For students in grades 1-2 & 3-5, this art class will focus on the art of animals. Students will learn skills needed to complete realistic drawings and paintings based on a variety of animals. Topics covered will include line, value, composition, perspective, the grid method and basic color mixing. Cost includes all necessary supplies. Parent/grandparents are welcome to attend with the student and need only pay a \$10 materials fee. Limit 15.

Grades 1-2 • Tues • 2/2-2/23 • 3:50-5:20 pm • 4 sessions • \$60 • Fishkill Plains ES Room 17
Grades 3-5 • Thurs • 2/4-2/25 • 3:50-5:20 pm • 4 sessions • \$60 • Fishkill Plains ES Room 17

CHEERLEADING FOR AGES 4-7

Jennifer Colucci, Cheerleading Coach

Come join us to learn cheers and chants! We will cover all of the basic cheerleading motions and jumps, as well as a short dance. No previous experience required. This class is great practice for those who have already begun cheering, or for those who are thinking about joining a squad. Please bring water, wear shorts, a t-shirt, socks, sneakers and have hair pulled back into a pony tail...and don't forget your smile!

Thurs • 2/18-3/17 • 6-7 pm • 5 sessions • \$60 • Fishkill Plains ES Cafeteria

CREATIVE CLAY

Melissa Braggins

Students in grades 3-6 will explore the exciting process and techniques of clay. They will create their own unique tiles, bowls & animals. Cost includes all necessary supplies. Parent/grandparent is welcome to attend with the student & need only pay a \$10 materials fee. Please register by 2/23 in order to ensure your student will have supplies at the first class. Limit 15.

Tues • 3/1-3/15 • 3:30-5 pm • 3 sessions • \$55 • Brinckerhoff ES Room 18

English as a Second Language

Classes are free, but there is a \$35 book fee. No pre-registration is required. Classes are on-going & students are welcome at any time. No child care available. Classes resume January 4th.

BEGINNING

Roy C. Ketcham HS – Room 110
Mon & Thurs • 7:00-9:30 pm

LOW INTERMEDIATE

Grinnell Library
Mon, Wed & Fri • 9:30-11:30 am

INTERMEDIATE

Roy C. Ketcham HS – Room 111
Mon & Thurs • 7:00-9:30 pm

HIGH INTERMEDIATE

Grinnell Library
Mon & Wed • 11:30 am-2:30 pm

ADVANCED

Grinnell Library
Mon, Wed & Fri • 9:30-11:30 am

Driver Safety

5-HOUR PRE-LICENSING COURSE

This course is mandated by New York State Department of Motor Vehicles for all NYS permit holders. You must have gotten a NYS learner's permit prior to attending this class. Bring permit, pencil & payment to class. Please also bring a snack & water. **Cost is \$40.** (Cash or check made payable to WCSD.) After school and Saturday dates to choose from! **CALL 298-5000, ext. 40137 to register.**

KETCHAM HIGH SCHOOL

3:00-8:00 pm, room 213

January 5
February 9
March 8
May 3
June 7

KETCHAM HIGH SCHOOL

9:00 am-2:00 pm, room 109

February 20
March 19
April 16
June 18

JOHN JAY HIGH SCHOOL

9:00 am-2:00 pm, room 101

Jan 16
April 5 *3:00-8:00 p.m.
May 21

HSE Preparation (previously known as GED Preparation)

Prepare for your HSE (High School Equivalency) exam. No fee for students 21 & over. Students under 21 pay a \$20 registration fee. Students 18 & under must bring their HS sign-out sheet. This is an on-going program and new students are accepted at any time. There is no need to pre-register. You may attend morning classes, evening classes or both. Classes resume January 5th.

GRINNELL LIBRARY

2642 E. Main St, Wappingers Falls

Tues & Thurs • 9:30 am -12:30 pm
Fri • 11:30-1:30 pm

KETCHAM HS – room 111

99 Myers Corners Road, Wappingers Falls

Tues & Wed • 5:00-8:00 pm

Music/Dance

MODERN SQUARE DANCING

Ron McMurdy, Boots n' Bows Square Dance Club

This class is for singles, couples & families. No experience is necessary. FREE introductory lesson Thursday, January 21st. Come and learn more about this traditional American dance! Cost is \$72 per person or family cost at a 10% discount. No class 3/10, 3/24 & 4/28.

Thurs • 1/28-5/5 • 7:30-9:30 pm • 12 sessions • \$72 • Myers Corners ES Cafeteria 1

Language

BEGINNING SPANISH

Elizabeth Cruz

This class is based on a beginner's level of language learning. You will be guided through expressions, grammar and pronunciation step by step. Learn how to start making yourself understood when making introductions, in a café or when traveling. Additional materials fee due to instructor the first night of class.

Tues • 3/1-5/3 • 6-9 pm • 9 sessions • \$100 • Ketcham HS room 109

S.A.T. Review Classes

These classes are for review purposes only. They are not intensive SAT preparation classes. You can either sign up for Monday/Wednesday classes or Tuesday/Thursday classes. There will be a total of 8 math review classes & 8 verbal review classes (16 classes total) for both Monday/Wednesday & Tuesday/Thursday. Cost is \$110 for the 8 weeks (16 meetings) and includes a copy of *The Official SAT Study Guide*.

Classes begin the week of March 7th and run for 8 weeks. They are designed to be completed in time to take the May 7th SAT. Enrollment deadline is Thursday, March 3rd. First come, first served. There is a minimum (12) and maximum (24) enrollment. Register early to avoid class cancellations.

JOHN JAY HIGH SCHOOL

Mon & Wed • 5:30-7:30 pm, room 103
Tues & Thurs • 2:15-4:15 pm, room 222

KETCHAM HIGH SCHOOL, room 107

Mon & Wed • 2:15-4:15 pm
Tues & Thurs • 5:30-7:30 pm

Recreation

BASIC ANTIQUE CLOCK REPAIR

William Clarke

This class is perfect for collectors or hobbyists; theory & instruction, plus information on books; hands-on experience. Limit 15.
Thurs • 1/14-3/17 • 7-9 pm • 10 sessions • \$60 • Van Wyck JHS Tech 3

HOROLOGICAL RESTORATION

Aubrey Kinney & Joseph Woleader

Pre-requisite: Basic Antique Clock Repair course. Cost is \$35.10 for seniors 62 and older. Limit 22.
Thurs • 1/14-3/17 • 7-9:30 pm • 10 sessions • \$39 • Van Wyck JHS Tech 4

COED VOLLEYBALL FOR AGES 21 & UP

Larry Kunz, Moderator

Come play volleyball with relaxed rules for adults and seniors. You must pre-register for this class. No class 3/22 & 4/26. Limit 20.
Tues • 1/12-6/7 • 7-8:30 pm • 20 sessions • \$25 • Brinckerhoff ES Gym

PING PONG

Ziping Wang, Ping Table Tennis Club

Learn grip, backhand, forehand, backspin, topspin, service, return of service and footwork. Classes taught by a USATT certified coach. Bring water and a paddle. All classes held at Ping Table Tennis Club, 2 St. Nicholas Road, Wappingers Falls.
Mon • 1/25-2/8 • 4:30-6:30 pm • 3 sessions • \$80 • Ping Table Tennis Club

TAE KWON DO (Korean Karate)

Lorraine LeClair & Jeanette LeClair

Learn the discipline of the body & mind as taught in the Art of Tae Kwon Do; for ages 9 thru adult. Students under 12, submit proof of age. Age 8 admitted with enrolling & attending adult. Discounts available: first family member full price, all other members of the same family half price; or same person second night half price; senior discount 10%. Choose only one discount. A great sport for all ages & genders! No experience necessary. Program continues.

Winter

Mon • 12/7-2/29 • 6:30-8:30 pm • 10 sessions • \$60 • Fishkill Plains ES Gym
Fri • 12/4-2/26 • 6:30-8:30 pm • 10 sessions • \$60 • Fishkill Plains ES Gym

Spring

Mon • 3/7-5/16 • 6:30-8:30 pm • 10 sessions • \$60 • Fishkill Plains ES Gym
Fri • 3/4-5/13 • 6:30-8:30 pm • 10 sessions • \$60 • Fishkill Plains ES Gym

Personal Finance & Business

10 STEPS TO BECOMING A HOMEOWNER

Jessica Schoen, TEG Credit Union

This class is designed to take the mystery out of the home-buying process. Learn valuable information about the role of the lender and the mortgage/closing process, your relationship with the real estate agent and other key professionals, along with many other tips.

Wed • 3/2 • 6-7:30 pm • 1 session • FREE • Ketcham HS Room 110

WRITING FOR SMALL BUSINESS OWNERS & NON-PROFIT GROUPS

Curtis Schmidt, Editor & General Manager of Northern & Southern Dutchess News

Writing is a vital form of communication in today's business world. The important point to remember is that what you write & how you write it can make or break you. Writing projects an image. What type of image do you project? Join veteran writer and Editor Curtis Schmidt for a series of informative classes designed to help you become a better writer and communicator – within your own style. Learn basic tips of sentence and paragraph structure, and the advantages of clear, concise writing. This class will also cover writing press releases and pitches to the media, communicating with your clients through monthly newsletters and blogs, plus "Writing to Inform" and "Writing to Sell and Promote." You have the opportunity to impress and prosper. You also have the opportunity to embarrass yourself and fail. Let's work together & succeed!

Wed • 3/9-4/6 • 7-8 pm • 5 sessions • \$90 • Ketcham HS Room 107

MEDICARE 101

James Famham, Licensed Agent

Will you turn 65 over the next year? Or will you soon be eligible for Medicare? This class will give you a better overall understanding of Medicare and how it works. Learn about how and when to enroll and the insurance options available to you. Review and compare Medicare Parts A, B, C and D; explore and evaluate Original Medicare, Prescription Drug Plans, Medicare Supplemental Insurance and Medicare Advantage Plans, and receive the most up-to-date information in order to simplify the choices you need to make. This program will help you become more well-informed and confident about what Medicare means for you.

Tues • 3/15 • 6-8 pm • 1 session • FREE • Ketcham HS Room 110

WILLS, TRUSTS & ESTATES

Shari Hubner, Esq.

This course will offer an in-depth discussion of wills, the probate process, trusts, and the advantages/disadvantages of their use, as well as estate tax issues. The course will be divided into three sessions with wills, powers of attorney & health care proxies/living wills in Session I; trusts, probate avoidance & asset protection in Session II; and asset protection & Medicaid eligibility rules in Session III. There will also be some overlap among the sessions. Come for one session or all three.

Wed • 4/20-5/4 • 4:15-5:30 pm • 3 sessions • FREE • Ketcham HS Room 110

PASSPORT TO RETIREMENT

James P. Agrawal, Certified Financial Planner

Develop & organize a detailed financial plan! Define & create your retirement, assess the costs of retirement, evaluate sources of income, invest for the future, protect your health & wealth, receive funds from your retirement plans & manage your estate distribution. \$25 book fee payable to instructor first night of class. Spouse/guest may attend free of charge.

Tues • 5/10-5/24 • 7-9:30 pm • 3 sessions • \$49 • Ketcham HS Library (Class on 5/10 is in room 107)

INVESTING SECRETS WALL STREET DOES NOT WANT YOU TO KNOW

Rick Nathan, Consumer Advocate

Learn how not to be ripped off when buying or leasing cars, buying insurance, investigating long-term care insurance, investing with or without financial planners, & investing in mutual funds on your own. After taking this course you will have the confidence to invest on your own or be able to interview financial planners to find the right one for you. Optional materials fee of \$20 payable to instructor.

Wed • 4/20 • 6-8 pm • 1 session • \$50 • John Jay HS Room 103

HOW TO DRASTICALLY CUT COSTS IN DIFFICULT FINANCIAL TIMES

Bev Nathan, Consumer Advocate

Topics to be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving money when getting a car, home & life insurance, and methods to reduce your school & county taxes on your home. Optional materials fee of \$20 payable to instructor.

Wed • 4/20 • 6-8 pm • 1 session • \$50 • John Jay HS Room 101

GREAT REAL ESTATE DEALS IN DIFFICULT TIMES

Rick Nathan, Consumer Advocate

Rick Nathan is strictly a consumer advocate & not a real estate agent. He will teach you the pros & cons of foreclosures, renting w/option to buy, owner financing & buying for no money down. You will also learn how to wisely buy or sell investment properties, primary homes, multi-families & vacation homes. Optional materials fee of \$20 payable to instructor.

Wed • 4/20 • 8-10 pm • 1 session • \$50 • John Jay HS Room 103

STARTING A BUSINESS WITH LITTLE MONEY DOWN

Bev Nathan, Consumer Advocate

Learn behind-the-scenes practical information on how to start a successful, home-based, second-income business which can then become full-time. Learn how to avoid making major financial mistakes. Optional materials fee of \$20 payable to instructor.

Wed • 4/20 • 8-10 pm • 1 session • \$50 • John Jay HS Room 101

GETTING THE MOST OUT OF SOCIAL SECURITY

Jean Riordan, TEG Credit Union

In this class you will learn key facts about Social Security and how to navigate the decisions surrounding the program, including understanding your options, how to get started, and more.

Thurs • 4/21 • 6-7:30 pm • 1 session • FREE • Ketcham HS Room 110

Health & Fitness

YOGA FOR ALL

Sandee Parker, registered yoga instructor

Yoga is for everyone, both young and old. One reason is because yoga is a stress attacker. With physical movement and breath exercises combined, one learns to balance emotions and strengthen the body. Yoga is the essence of a body-mind experience. Yoga frees you from the stress of daily life and the physical movement of yoga keeps your body flexible and in balance. Families are welcome. Bring a mat and water. No class 2/15 & 3/21.

SESSION I

Mon • 1/25-3/28 • 6:30-7:30 pm • 8 sessions • \$80 • Van Wyck JHS Room 115

SESSION II

Mon • 4/4-5/23 • 6:30-7:30 pm • 8 sessions • \$80 • Van Wyck JHS Room 115

Special Interest

HOME UPHOLSTERY

Willie Masker

Various techniques will be taught to the students by upholstering their own chair or stool. Spring tying, tacking, cotton molding, machine & hand sewing, and different tufting will be covered. Tools and supplies will be talked about the first night. Students are asked to bring a picture of their project to the first class. No class 3/21.

Mon • 3/7-5/16 • 6-9 pm • 10 sessions • \$125 • Ketcham HS Room 229

Free Classes

HOW TO PAY FOR COLLEGE WITHOUT GOING BROKE

Stephanie Mauro, CCPS

Learn about what financial aid really means to a family and about how the different financial aid forms affect the cost of college. This class is for anyone, parent or student, who wants to learn how the financial aid system really works and how to best be prepared for that first college bill.

Thurs • 2/4 • 6:30-7:30 pm • 1 session • FREE • John Jay HS Room 128

CREATING YOUR PATH TO COLLEGE

Stephanie Mauro, CCPS

This class was created to help college-bound students in the college planning process. There are so many items that need to be done and dates that you need to be aware of. This class will give students the time line for high school years that will get them ready to apply for colleges. Students will also learn how to keep track of important events and successes in high school and create a resume they can continue to work with as they progress through school. In addition, they will learn the about the differences in the ACT & SAT tests and gain an understanding as to which test would best suit them.

Wed • 2/17 • 2:15-3:30 pm • 1 session • FREE • John Jay HS Room 101

Wed • 3/2 • 2:15-3:30 pm • 1 session • FREE • Ketcham HS Room 109

COLLEGE PLANNING 101: ADMISSIONS & FINANCIAL AID: WHAT IT TAKES TO GET INTO COLLEGE TODAY

Stephanie Mauro, CCPS

In this seminar, you will learn what it takes to get into college today including the financial aid system and how it works; how to maximize your student's potential to receive scholarships, grants, & forms of merit-aid; the importance of the SAT & ACT tests and how colleges value them; and what the more selective colleges really want to see on your student's application. You'll be shown a time-line for success for where you should start in the college planning process and how it's possible to attend a private college for a public college price. Don't miss this informative seminar!

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Registration Form

Please complete registration form & mail with payment to:
Wappingers Continuing Education, Ketcham H.S. Annex
99 Myers Corners Rd, Wappingers Falls, NY 12590

Wappingers Continuing Education

Ketcham H.S. Annex, 99 Myers Corners Road, Wappingers Falls NY 12590

NAME: _____ AGE: _____

ADDRESS: _____

PHONE: _____

E-MAIL: _____

LIST COURSES: _____

TOTAL REGISTRATION FEE(S) ENCLOSED: _____

**Make checks payable to Wappingers Central School District.
No acknowledgement of registration will be made.
Refunds are granted only in cases where there is insufficient registration and a class is unable to meet.**

Questions?

Contact the Wappingers Continuing Education office at 298-5000, ext. 40137 or 40130. If you have a class you would like to offer through Wappingers Continuing Education, please give us a call! Office hours are 9:00 am-12:30 pm.