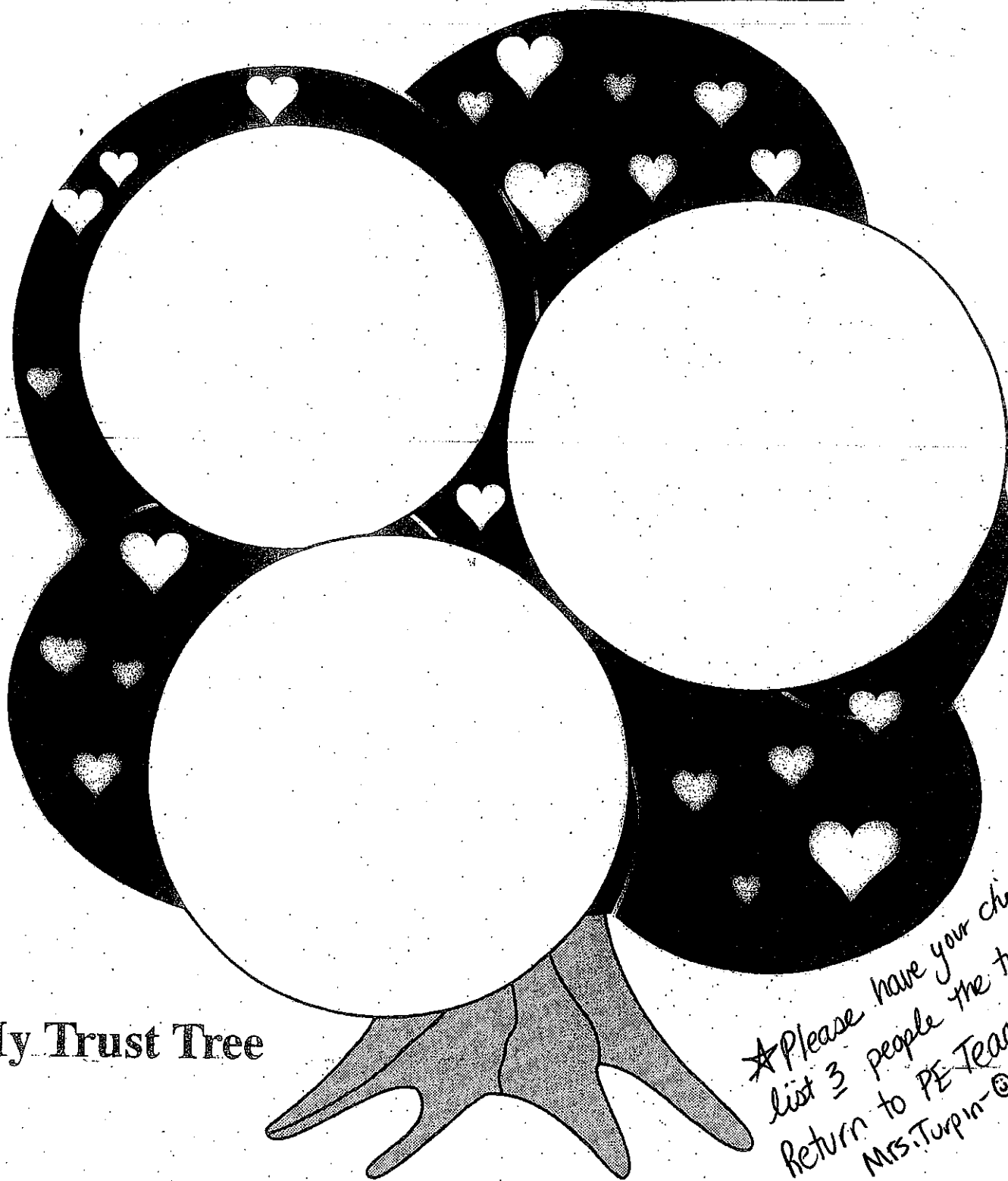


LESSON 6 ACTIVITY SHEET

Name: _____



My Trust Tree

*★ Please have your child
list 3 people the trust. Col
Return to PE Teacher,
Mrs. Turpin © to disp*

Parent/Guardian's Signature _____

Classroom Teacher: _____

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Notes to Parents of Kindergartners

Activity 1:

Your child has practiced saying his/her name, home phone number, town/city, and state by playing a rhythm game.

If your child is separated from you, he/she will need to provide this identification information to assisting adults, such as a police officer, security guard, or store employee.

Have your child practice saying his/her whole name, address, and telephone number often.

Activity 2:

Your child has played "The BUDDY SYSTEM Detective Game" in class. We have discussed that it is safer to be with other people when out in public or walking to and from places. A child who is alone is more likely to get hurt or frightened than two or more children walking together.

Please talk with your child about the BUDDY SYSTEM. You can ask her/him to explain the pictures on the classroom activity sheet as a way to begin the discussion.

Activity 3:

Your child has learned a song to remind her/him to check with you before going places, doing things, and changing plans.

The CHECK FIRST rule can be a habit that will help you keep track of where your child is. It will also give you a chance to decide from whom she/he accepts rides, food, gifts, and invitations.

Encourage your child to sing or recite the "CHECK FIRST SONG" to you. Music and rhythm can make learning about safety reassuring and fun.

The "CHECK FIRST Song" is sung to the tune of "My Bonnie Lies Over the Ocean." If you wish, the song may be recited as a poem rather than sung.

Introduce the chorus first so that the children will be able to join in right away.

Chorus:
*CHECK FIRST, CHECK FIRST
It's safer and smarter by far, by far.
CHECK FIRST, CHECK FIRST
We need to know where you are.*

Verse 1:
*Before we answer the door,
Before we run out to play,
Before we help someone older,
We check to make sure it's O.K.*

(Chorus)

Verse 2:
*Before we go for a ride,
Before we go a new way,
Before we make some new plans,
We check to make sure it's O.K.*

(Chorus)
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COMPANY: Together for Safety.

Activity 4:

We have talked about O.K. touches that make children feel good, safe, warm, and cared for. We have also talked about NOT O.K. touches that make children feel uncomfortable, confused, hurt, angry, or frightened.

As you look at the Trust Tree drawings of some of the adults your child trusts, reassure him/her that you will always listen and believe him/her if he/she tells you about a NOT O.K. touch. Make sure that your child knows that you would love him/her no matter what happens.

*ABUSE IS NEVER THE FAULT OF THE VICTIM,
ESPECIALLY WHEN THE VICTIM IS A CHILD.*

Activity 5:

Your child has been introduced to three personal safety rules:

1. Use the BUDDY SYSTEM (bring a friend) when out in public and going to and from places.
2. CHECK FIRST with the grown-up in charge when you are making plans to go somewhere or do something or when changing plans.
3. Remember to say NO and then GO and TELL someone you trust if you are bothered by someone, or if someone tries to touch you in a way that makes you feel bad or uncomfortable. ("NOT O.K." touch).

Please consider making these rules a part of your family's personal safety habits.



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