

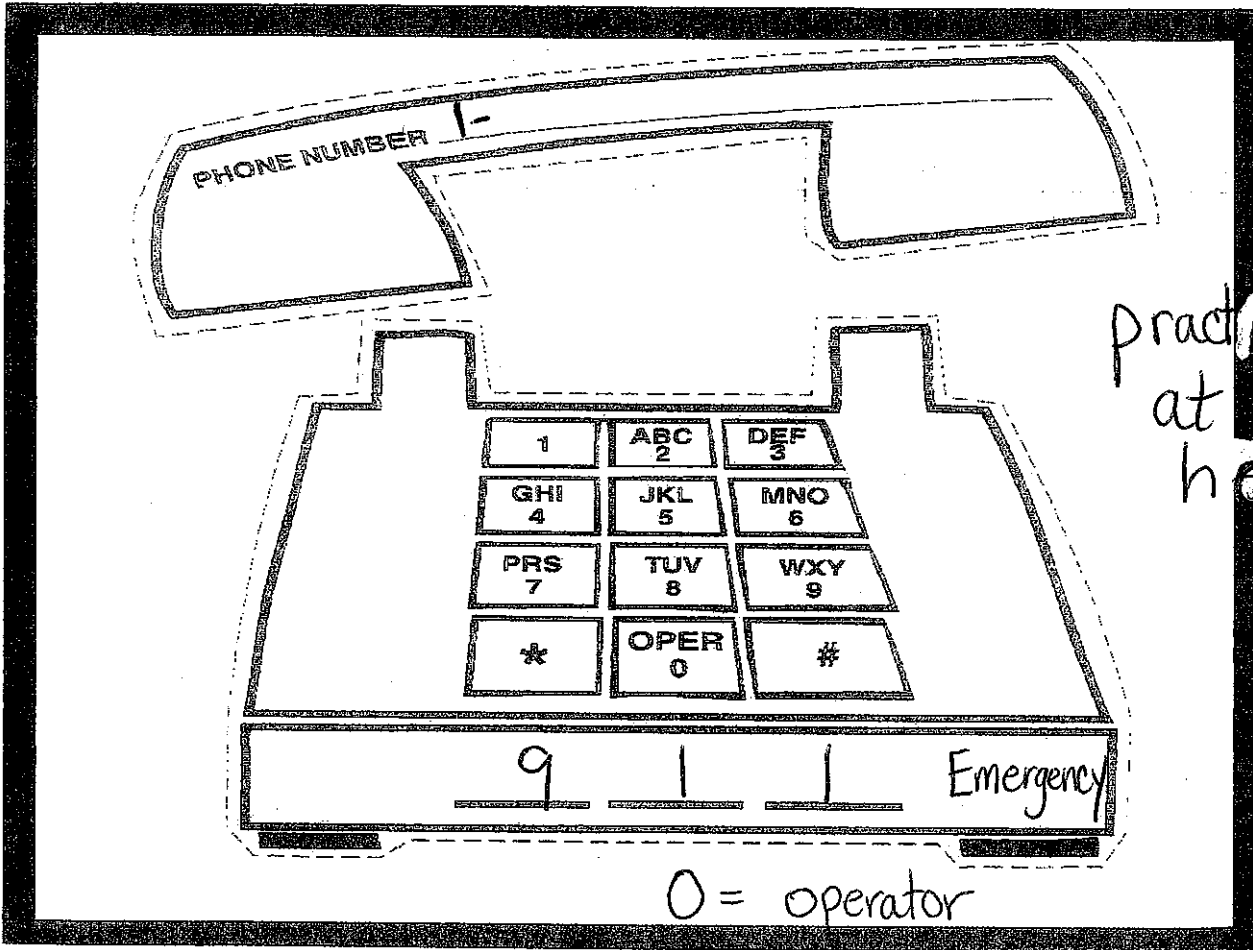
# HOMESWORK-SAFETY UNIT

Grade: Kindergarten

Name: \_\_\_\_\_  
Subject: Physical Education

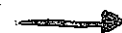
Teacher: Mrs. Turpin-Orgetas

1. Discuss My 8 Rules for Safety Worksheet (back of this sheet).
2. Children should be able to provide their name, address and phone number in case of an emergency.
3. Practice dialing his/her phone number on the phone sheet.
4. Know how to call 911, make a collect call and use a cell phone and/or pay phone.



Part of the physical education curriculum is the teaching from the National Center for Missing and Exploited Children. Simple rules regarding strangers need to be learned and reinforced at home through discussion and review. I will be going over much of this material with your child(ren), but I believe that reviewing this material with your child(ren) is very important. If you have any questions or concerns about the program please call Mrs. Turpin-Orgetas at 298-5280 or email me at:

dawn.turpin@wcsdny.org



## My 8 Rules for Safety

1. Before I go anywhere, I always check first with my parents or the person in charge. I tell them where I am going, how I will get there, who will be going with me, and when I'll be back.
2. I check first for permission from my parents before getting into a car or leaving with anyone-even someone I know. I check first before changing plans or accepting money, gifts, or drugs without my parents' knowledge.
3. It is safer for me to be with other people when going places or playing outside. I always use the "buddy system".
4. I say NO if someone tries to touch me in ways that make me feel frightened, uncomfortable, or confused. Then I go and tell a grown-up I trust what happened.
5. I know it is not my fault if someone touches me in a way that is not O.K. I don't have to keep secrets about those touches.
6. I trust my feelings and talk to grown-ups about problems that are too big for me to handle on my own. A lot of people care about me and will listen and believe me. I am not alone.
7. It is never too late to ask for help. I can keep asking until I get the help I need.
8. I am a special person, and I deserve to feel safe. My rules are:

CHECK FIRST

USE THE "BUDDY SYSTEM"

SAY NO, THEN GO AND TELL

LISTEN TO MY FEELINGS, AND TALK WITH GROWN-UPS  
I TRUST ABOUT MY PROBLEMS AND CONCERNS

