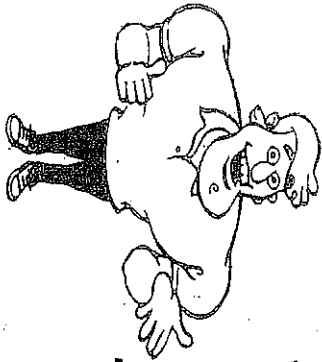


Safety Songs

The CHECK FIRST Song*



Chorus:
CHECK FIRST, CHECK FIRST
It's safer and smarter by far, by far,
CHECK FIRST, CHECK FIRST
We need to know where you are.
Verse 1
Before we answer the door,
Before we run out to play,
Before we help someone older,
We check to make sure it's O.K.
(Chorus)
Verse 2
Before we go for a ride,
Before we go a new way,
Before we make some new plans,
We check to make sure it's O.K.
(Chorus)



My Whole Body is My Own Song

Verse 1

Inner feelings keep me safe, keep me safe,
Inner feelings keep me safe, keep me safe.
They warm me when to stay away.
Inner feelings keep me safe, keep me safe.

Chorus:

Head, shoulders, knees, and toes, knees, and toes,
Head, shoulders, knees, and toes, knees, and toes!
I'll say "STOP" if touching bothers me,
'Cause my whole body is my own!

Verse 2

Touching secrets should be told, should be told,
Touching secrets should be told, should be told.
I'll tell a grownup whom I trust. Touching secrets should be told,
should be told.

Chorus:

Head, shoulders, knees, and toes, knees, and toes,
Head, shoulders, knees, and toes, knees, and toes!
I'll say "STOP" if touching bothers me,
'Cause my whole body is my own!

Our Safety Buddy Song*



Verse 1
When going anywhere...
Chorus: always...
A buddy goes along...
We stick together as we sing Our Safety Buddy Song...
Walking on my way to school...
Verse 2
Doing errands for my group...
(Chorus)
Stopping at my friend's...
(Chorus)
Playing on the playground...
Verse 3
Working in my neighborhood...
(Chorus)

NO, GO and TELL

NO, GO and TELL
It's my body, and I have a warning bell.

If touching bothers me,
I don't keep it locked inside
I say "NO" and then I GO and TELL

I don't behave sometimes.
And sure, I make mistakes.
But I'm a good-type person
AND deserve to feel safe.

If touching bothers me,
I know I'm not to blame.
I'll GO and TELL someone
AND YOU SHOULD DO THE SAME!

TURPIN-O (PE CLASS)

