

Wappingers Central School District

Continuing Education & After School Programs

Winter/Spring 2025



Recreation for Students

These after-school programs take place at the schools indicated. Students will stay after school and go directly to the program at dismissal time. Parents must pick up students at the conclusion of the program. There is no district transportation available. Evening programs, parents will need to provide transportation to and from the program.

HUDSON VALLEY VOICES IN HARMONY

Dr. Stephanie Hu-Corbett

Hudson Valley Voices in Harmony is a 501c3 nonprofit organization that supports young singers who want to join others in creating beautiful music together. We believe that music has the power to change lives. HVVH provides a safe and inclusive environment for singers to grow in confidence and musical ability. Singers will learn to find their voices and improve their musical skills. Singers of all abilities and voice parts are welcome. Throughout the year, students will work together to create beautiful music and prepare various music styles for numerous performance opportunities. All rehearsals take place at the Mid-Hudson Chinese Christian Church, 306 All Angels Hill in Wappingers Falls.

Melody Makers

Melody Makers is the program for 1st and 2nd graders. Rehearsals take place primarily on Thursdays. Two sessions available. No rehearsal 3/6 or 4/17. Session 2 also meets on Wednesday, 4/30 instead of 5/1.

Session 1: Thursdays • 1/30-3/13 • 4:30-5:00 pm • 6 sessions • \$80 • Mid-Hudson Chinese Christian Church, 306 All Angels Hill, WF

Session 2: Thursdays • 3/27-5/8 • 4:30-5:00 pm • 6 sessions • \$80 • Mid-Hudson Chinese Christian Church, 306 All Angels Hill, WF

The Choral Crew

The Choral Crew is for students in grades 3-8. Rehearsals take place primarily on Thursdays. Two sessions available. No rehearsal 3/6 or 4/17. For Session 1, following the final class on 3/13, there will be a Friends & Family mini-showcase @ 7:00 pm. For Session 2, there will be a class on Wednesday, 4/30 and an optional performance opportunity to sing the National Anthem at the Hudson Valley Renegades games on May 2nd (price of ticket not included in price of the program). There will also be a Spring Concert following the final class on 5/8 @ 7:00 pm.

Session 1: Thursdays • 1/30-3/13 • 5:00-6:30 pm • 6 sessions • \$140 • Mid-Hudson Chinese Christian Church, 306 All Angels Hill, WF

Session 2: Thursdays • 3/27-5/8 • 5:00-6:30 pm • 6 sessions • \$140 • Mid-Hudson Chinese Christian Church, 306 All Angels Hill, WF

2ND GRADE CRAFTERS CLUB @ BRINCKERHOFF

Mrs. Spinella

Creative 2nd graders are invited to join Mrs. Spinella in Room 7 Mondays after school for Crafters Club! Spend an hour with friends making fun projects using a variety of techniques and materials. Cost of registration includes all supplies. Three different sessions available. No program on 2/17.

Session 1: Mondays • 1/27-2/24 • 3:30-4:30 pm • 4 sessions • \$120 • Brinckerhoff ES Room 7

Session 2: Mondays • 3/10-3/31 • 3:30-4:30 pm • 4 sessions • \$120 • Brinckerhoff ES Room 7

Session 3: Mondays • 4/28-5/19 • 3:30-4:30 pm • 4 sessions • \$120 • Brinckerhoff ES Room 7

CRAFTERS CLUB FOR GRADES 3 & 4 @ BRINCKERHOFF

Mrs. Spinella

Creative 3rd & 4th graders are invited to join Mrs. Spinella in Room 7 Wednesdays after school for Crafters Club! Spend an hour with friends making fun projects using a variety of techniques and materials. Cost of registration includes all supplies. Three different sessions available.

Session 1: Wednesdays • 2/5-2/26 • 3:30-4:30 pm • 4 sessions • \$120 • Brinckerhoff ES Room 7

Session 2: Wednesdays • 3/12-4/2 • 3:30-4:30 pm • 4 sessions • \$120 • Brinckerhoff ES Room 7

Session 3: Wednesdays • 4/23-5/14 • 3:30-4:30 pm • 4 sessions • \$120 • Brinckerhoff ES Room 7

IMPRESSIONISM FOR KIDS @ FISHKILL PLAINS

Mr. Lumia

Welcome to the world of Impressionism! Open to students in Grade 2, this program will focus on the work of Claude Monet, Vincent van Gogh, and other famous artists. They will learn the inspiration behind many works of art and create their own as they travel through a new art history adventure each week. Students will be guided through step-by-step creations as they learn how to draw and paint their own artwork based on the "artist of the week." Different drawing and painting techniques will be covered as we explore the style of art known as impressionism. Although this program will focus on this important art movement, students will be encouraged to add their own unique details to make their artwork truly their own. Let's get creative! Two different sessions available. Cost includes all supplies. LIMIT 10 STUDENTS PER SESSION. No program on 2/17.

Session 1: Mondays • 1/27-2/24 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

Session 2: Mondays • 3/10-3/31 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

PAPER SCULPTURES @ FISHKILL PLAINS

Mr. Lumia

People often use paper for things like writing, drawing, and sometimes even painting. In this program, students will use this common material in new and creative ways. Students in 4th grade will use a wide range of Art History topics as inspiration as they create paper sculptures. Using a variety of techniques, students will be provided with step-by-step guidance as they create paper figures, animals and even landscapes. Topics covered will include such artists as Rembrandt van Rijn and Thomas Cole, as students learn a wide range of art-making techniques. Let's make some art together! Two different sessions available. Cost includes all supplies. LIMIT 10 STUDENTS PER SESSION.

Session 1: Tuesdays • 1/21-2/11 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

Session 2: Tuesdays • 3/4-3/25 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

ANIMAL ART @ FISHKILL PLAINS

Mr. Lumia

In this program students will explore the artwork of Georgia O'Keefe, Henri Matisse, and many others as they focus on the theme of animals. Throughout the year, 3rd graders focus on these artists in our classroom, and now it's time to dive deeper into their interesting styles of creating art. Third graders will create guided lessons in materials ranging from colored pencils to paint as they create a different piece of artwork each week. A wide range of drawing and painting techniques will be covered throughout the class. Although this program will focus on this important art movement, students will be encouraged to add their own unique details to make their artwork truly their own. Let's get creative! Two different sessions available. Cost includes all supplies. LIMIT 10 STUDENTS PER SESSION. No program 1/29.

Session 1: Wednesdays • 1/22-2/19 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

Session 2: Wednesdays • 3/5-3/26 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

POP ART PARTY @ FISHKILL PLAINS

Mr. Lumia

It's time to get creative! Join us for this program as we create artwork inspired by the work of Keith Haring, Andy Warhol, and other famous pop artists. Using this historical art movement as inspiration, students will use a wide range of materials to create their own beautiful pieces of art. Open to all 5th graders, in this program students will learn a wide range of art-making methods ranging from drawing, painting, collage, and printmaking. Students will be guided through step-by-step art directions as they create a piece of art inspired by a specific pop artist. Although each lesson will be based upon a specific set of instructions, projects are designed to allow students to follow their own artistic voice, as creativity is greatly encouraged. Two different sessions available. Cost includes all supplies. LIMIT 10 STUDENTS PER SESSION. No program 2/14.

Session 1: Fridays • 1/24-2/21 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

Session 2: Fridays • 3/14-4/4 • 3:25-4:30 pm • 4 sessions • \$100 • Fishkill Plains ES Room 17

LEGO FREE BUILD

Yvonne Turner

In this program geared towards grades K-6, students will begin each class working on their own individual creations, then move onto a group project that everyone will be involved in. The group project may involve some children using store-bought kits, but most will be following directions given by the instructor. Other toys & games may be added to enhance the building experience. Programs will be run after school at Evans, Gayhead and Sheafe elementary schools. There will also be an evening program at Fishkill Plains Elementary School, which will be open to students from all schools. No class 1/29 & 2/17.

After-School Programs:

Evans ES: Mondays • 1/27-3/3 • 3:25-4:25 pm • 5 sessions • \$75 • Library

Gayhead ES: Tuesdays • 1/21-3/4 • 3:30-4:30 pm • 7 sessions • \$100 • Small Cafeteria

Sheafe ES: Thursdays • 1/23-3/6 • 3:15-4:15 pm • 7 sessions • \$100 • Library

Evening Program:

Fishkill Plains ES: Wednesdays • 1/22-3/5 • 6:00-7:30 pm • 6 sessions • \$130 • Library

LEGO TINKER CLUB

Robotics4U

Calling all Lego enthusiasts! Come join us for our super-engaging 6-week Lego Tinker Club for students in grades K-3, where there will be unique theme-focused and STEM-based fun Lego activities each week. We aim to INSPIRE curious minds to build engineering models. We help you MODEL your ideas. We ENABLE you to have an enriching experience. We ENCOURAGE you to practice Lego building and teamwork skills, and we CHALLENGE you to use your knowledge, cognitive, and technical skills while creating and playing with fun Lego models. Program will be run at Brinckerhoff, Fishkill and Oak Grove elementary schools.

Brinckerhoff ES: Tuesdays • 1/21-2/25 • 3:25-4:30 pm • 6 sessions • \$100 • Library

Oak Grove ES: Tuesdays • 1/21-2/25 • 3:25-4:30 pm • 6 sessions • \$100 • Room 19

Fishkill ES: Tuesdays • 1/21-2/25 • 3:25-4:30 pm • 6 sessions • \$100 • Library

STEM & ROBOTICS CLUB

Robotics4U

STEM concepts and creativity are combined together in this action-packed program for students in grades K-3, where kids learn real-life skills while having real-kid FUN! Kids will be engaged in project-based learning using STEM activities and DAST & DOT Robots that can respond to voices & sound, and be programmed to sing & dance. Kids will be encouraged to design, build & program their creations embedding various skills. For more information on the program, go to www.robotics4ucenter.com. Registration MUST be done through Wappingers Continuing Education. Program will be held at Brinckerhoff, Gayhead, Fishkill, and Oak Grove elementary Schools. No program on 2/13 @ Oak Grove.

Brinckerhoff ES: Thursdays • 1/23-2/27 • 3:25-4:30 pm • 6 sessions • \$165 • Library

Fishkill ES: Thursdays • 1/23-2/27 • 3:25-4:30 pm • 6 sessions • \$165 • Library

Gayhead ES: Thursdays • 1/23-2/27 • 3:25-4:30 pm • 6 sessions • \$165 • Room 2A

Oak Grove ES: Thursdays • 1/23-3/6 • 3:25-4:30 pm • 6 sessions • \$165 • Library

Fitness & Sports for Students

These after-school programs take place at the schools indicated. Students will stay after school and go directly to the program at dismissal time. Parents must pick up students at the conclusion of the program. There is no district transportation available.

GAMES & FITNESS @ MYERS CORNERS

Mr. Knight

This after-school program for grades 3-6 will focus on games, health & fitness. Students will participate in some of the more interesting and popular games & activities currently used in physical education programs today. These include Fitness Fun Friday activities, Wall-to-Wall Football, Speed & Survivor Soccer, Floorball, Pillow Polo, Battleship, Capture the Flag and more! All of these games are designed to be fun, but will also incorporate important skill development and improve each student's level of health and fitness. No program on 3/27, 4/15 & 4/17.

Grades 3 & 4 • Tuesdays • 3/11-4/22 • 3:25-4:25 pm • 6 sessions • \$105 • Myers Corners ES Gym

Grades 5 & 6 • Thursdays • 3/13-5/1 • 3:25-4:25 pm • 6 sessions • \$105 • Myers Corners ES Gym

GAMES & FITNESS @ FISHKILL PLAINS

Mr. Bengel

For students in grades K-2 & 3-5, this program focuses on improving health, fitness and skill level. Students will participate in some of the more interesting and popular games and activities currently used in physical education programs. These include: Gaga Ball, Battleship, Cracker Barrel, Speed Stacking Cups, Capture the Flag, and more!

Grades K-2 • Tuesdays • 2/4-3/25 • 3:25-4:30 pm • 8 sessions • \$150 • Fishkill Plains ES Gym

Grades 3-5 • Thursdays • 2/6-3/27 • 3:25-4:30 pm • 8 sessions • \$150 • Fishkill Plains ES Gym

GAMES & FITNESS @ OAK GROVE: WINTER SESSION

Mrs. Turpin-Orgetas

This after-school program is open to all Kindergarten through 6th grade students at Oak Grove. The program will focus on games, health & fitness. Students will participate in games used in our physical education program. Activities will include floor hockey, volleyball, jump rope, fun tag games, outside activities, climbing ropes, and more! All of these games are designed to be fun, but will incorporate skill development and improve each student's level of health & fitness. Students will report to the gym @ dismissal time. Parent pick-up is promptly at 4:25 pm. No district transportation provided. No program 3/26 due to Oak Grove Open House.

Wednesdays • 2/26-4/23 • 3:25-4:25 pm • 7 sessions • \$70 • Oak Grove ES Gym

GAMES & FITNESS @ OAK GROVE: SPRING SESSION

Mrs. Turpin-Orgetas

This after-school program for all Kindergarten through 6th grade students will focus on games, health & fitness. Students will participate in games used in our physical education program. Activities will include gymnastics, tennis, pickleball, tag games, kickball, wiffle ball and more! All of these games are designed to be fun, but will incorporate skill development and improve each student's level of health & fitness. Students will report to the gym @ dismissal time. Parent pick-up is promptly at 4:25 pm. No district transportation provided. No program on 5/7.

Wednesdays • 4/30-5/28 • 3:25-4:25 pm • 4 sessions • \$50 • Oak Grove ES Gym

BASKETBALL/VOLLEYBALL/PING PONG @ KINRY

Mr. Carrozza, Mr. Wurster & Ms. VanDeWater

For students in grades 3-6 who want to play basketball, volleyball & ping pong with friends, while working on improving their skills, this is the program for you! Participants should wear sneakers and bring a water bottle & snack each day. **Additional siblings can register for \$45 each. Sibling discount can only be paid with cash or check.** If you wish to obtain the sibling discount you cannot pay online with a credit/debit card. When registering you must select payment method of Cash/Check and mail in or drop off payment.

Wednesdays • 3/5-3/26 • 3:25-4:20 pm • 4 sessions • Kinry • \$65

DODGEBALL @ KINRY

Mr. Carrozza, Mr. Wurster & Ms. VanDeWater

This after-school program is for students in grades 3-6 who love PE and love dodgeball! Participants will be playing variations of all the fun dodgeball games that they play in PE class, including classic dodgeball, Cracker Barrel, Prison Ball, Doctor Dodge, Fun Ball and more. Students will learn the importance of fair play and sportsmanship in a safe, structured environment. **Additional siblings can register for \$45 each. Sibling discount can only be paid with cash or check.** If you wish to obtain the sibling discount you cannot pay online with a credit/debit card. When registering you must select payment method of Cash/Check and mail in or drop off payment. No program 4/16.

Wednesdays • 4/2-4/30 • 3:25-4:20 pm • 4 sessions • Kinry • \$65

OUTDOOR GAMES & OBSTACLE COURSE @ KINRY

Mr. Carrozza, Mr. Wurster & Ms. VanDeWater

This is a program for students in grades 1-6 who love being outside and getting fresh air, as well as those who love the gym's obstacle course! Participants will be playing outdoor volleyball games, wiffle ball, kickball, Gaga Ball in the pit, flag football and Capture the Flag. They will also be using the obstacle course set-up in the gym that includes the climbing wall & rope, gymnastics and more. **Additional siblings can register for \$45 each. Sibling discount can only be paid with cash or check.** If you wish to obtain the sibling discount you cannot pay online with a credit/debit card. When registering you must select payment method of Cash/Check and mail in or drop off payment.

Wednesdays • 5/7-5/28 • 3:25-4:20 pm • 4 sessions • Kinry • \$65

WINTER CHEERLEADING CONDITIONING

Cara Budd

This intermediate level cheerleading program is for girls that are in grades 2-4. Get ready to shake off the winter chill with this exciting cheerleading conditioning class! We'll start each session with important stretching exercises to keep our muscles flexible and prevent injuries. Then, we'll move on to jumping drills that will help you soar higher and land more gracefully. To build up our stamina, we'll do fun cardio activities & games. We'll also focus on strength training to improve our overall fitness and make stunting easier. Finally, we'll learn and practice safe stunting techniques. Athletes should wear athletic clothing, sneakers, hair in a ponytail, and bring water with them. Prior cheer experience required.

Wednesdays • 2/5-2/26 • 5:30-6:30 pm • 4 sessions • \$125 • WJHS Cafeteria

INTRO TO CHEERLEADING

Cara Budd

This intro to cheerleading class for students in grades K-1 will focus on stretching, motions, jumps, stunting, dancing, and tumbling. We will work each week on learning the fundamentals of cheerleading while also having fun playing games. Athletes will learn a cheer and dance over the course of 4 sessions. We will perform what we learned for parents at our last session. Athletes should wear athletic clothing, sneakers, hair in a ponytail, and bring water with them. No prior experience is needed. Two sessions available. LIMIT 25 STUDENTS PER SESSION. No program 4/15.

Session 1: Tuesdays • 3/25-4/22 • 5:00-6:00 pm • 4 sessions • \$125 • Van Wyck JHS Back Gym

Session 2: Tuesdays • 4/29-5/20 • 5:00-6:00 pm • 4 sessions • \$125 • Van Wyck JHS Back Gym

INTERMEDIATE CHEERLEADING STUNT & JUMP CLINIC

Cara Budd

This intermediate level cheerleading program is for girls that are in grades 2-4. The program will focus on stretching, jumps, stunting and conditioning. We will work each week on improving the fundamentals including correct body position, hand placement, and proper techniques for level 1 stunts and jumps. Athletes should wear athletic clothing, sneakers, hair in a ponytail, and bring water with them. Prior cheer experience required. Two sessions available. LIMIT 25 STUDENTS PER SESSION. No program 4/17.

Session 1: Tuesdays • 3/25-4/22 • 6:00-7:00 pm • 4 sessions • \$125 • Van Wyck JHS Back Gym

Session 2: Tuesdays • 4/29-5/20 • 6:00-7:00 pm • 4 sessions • \$125 • Van Wyck JHS Back Gym

INTERMEDIATE/ADVANCED CHEERLEADING STUNT/JUMP CLINIC – GRADES 5 & 6

ToniAnn Karlsson, Hayley Camporese

This intermediate/advanced cheerleading program is for students in grades 5 & 6 and will focus on stunting, jumps and stretching. Each week participants will work on improving the fundamentals and correct body position, along with hand placement and proper technique for level 2 stunts and jumps. Athletes should wear athletic clothing, sneakers, hair in a ponytail, and bring water with them. Prior cheer experience required. Two sessions available. LIMIT 25 STUDENTS PER SESSION. No program 4/17.

Session 1: Thursdays • 3/27-4/24 • 5:00-6:00 pm • 4 sessions • \$125 • Van Wyck JHS Back Gym

Session 2: Thursdays • 5/1-5/22 • 5:00-6:00 pm • 4 sessions • \$125 • Van Wyck JHS Back Gym

INTERMEDIATE/ADVANCED CHEERLEADING STUNT/JUMP CLINIC – GRADES 7 & 8

ToniAnn Karlsson, Hayley Camporese

This intermediate/advanced cheerleading program is for students in grades 7 & 8 and will focus on stunting, jumps and stretching. Each week participants will work on improving the fundamentals and correct body position, along with hand placement and proper technique for modified level stunts and jumps. Athletes should wear athletic clothing, sneakers, hair in a ponytail, and bring water with them. Prior cheer experience required. Two sessions available. LIMIT 25 STUDENTS PER SESSION. No program 4/17.

Session 1: Thursdays • 3/27-4/24 • 6:00-7:00 pm • 4 sessions • \$125 • Van Wyck JHS

Session 2: Thursdays • 5/1-5/22 • 6:00-7:00 pm • 4 sessions • \$125 • Van Wyck JHS

GAGA BALL @ BRINCKERHOFF

Kathleen Landry

Come play Brinkerhoff's most requested game of Gaga Ball! Open to students in grades 1-6, we will play various versions, including classic, revenge, team and turnstile. Children should wear comfortable clothes, sneakers and bring a water bottle.

Multiple Days • 1/13, 1/15, 1/21, 1/23, 1/27, 1/30, 2/4, 2/6 • 3:25-4:25 pm • 8 sessions • \$140 • Brinckerhoff ES Gym

DODGEBALL @ BRINCKERHOFF

Ms. Landry

Students in grades 2-6 can come play one of the many variations of dodgeball including Dr. Dodgeball, team dodgeball, classic dodgeball, Monarch, Crackabout, Traitor Dodgeball, and Barrier Dodgeball. Students will play in a structured, safe environment where strategy is taught and encouraged, and fair play/good sportsmanship is required. Children should wear comfortable clothes, sneakers and bring a water bottle. No program 3/17 & 3/19.

Mondays & Wednesdays • 3/3-3/31 • 3:25-4:25 pm • 7 Sessions • Brinckerhoff ES • \$120

GIRLS ON THE RUN

Girls on the Run Hudson Valley

Girls on the Run is a transformational learning program for girls in grades 3-5. Girls build confidence through dynamic, conversation-based lessons and fun running games. The program culminates with a celebratory 5K run. NO RUNNING EXPERIENCE IS NECESSARY. Programs will take place at Fishkill Plains, Sheafe Road, Gayhead, Fishkill, Kinry Road and Myers Corners. Program will begin the week of 3/31 at all schools and the 5K will be held on June 8th. Program is 8 weeks long and the cost is \$180. Scholarships available. Registration opens February 1st. [For more information, and to register, go to www.girlsontherunhv.org.](http://www.girlsontherunhv.org)

Language Programs for Students

These before and after-school programs take place at the schools indicated. For the before-school programs, students must be dropped off at the school for the program. They will then go directly to their classroom at the conclusion of the program. For the after-school programs, students stay after school and go directly to the program at dismissal time. Parents must pick up students at the conclusion of the program. There is no district transportation available.

HABLA PROGRAM @ FISHKILL PLAINS, KINRY, OAK GROVE & SHEAFE

Your child can learn a second language at a young age, close to home, that also gives them a head start on the WCSD foreign language requirements for middle and high school. HABLA SLT has been running programs in the WCSD elementary schools for the past 14 years. In addition to the cost of the program, students will have to purchase a book. Details will be given at the first class. Open to students in grades K-6. Students who participated in the program in the past can continue their instruction, and new students are also welcome. No program 3/7 or during Spring Break.

Before-School Programs:

Oak Grove ES: Tuesdays • 2/18-4/29 • 7:40-8:25 am • 10 sessions • Library • \$175

Fishkill Plains ES: Thursdays • 2/20-5/1 • 7:40-8:25 am • 10 sessions • Library • \$175

After-School Programs:

Kinry Rd ES: Mondays • 2/24-5/12 • 3:30-4:15 pm • 10 sessions • Library • \$175

Sheafe Rd ES: Fridays • 2/21-5/9 • 3:15-4:00 pm • 10 sessions • Conference Room • \$175

Virtual Program for Grades 5 & 6 (all schools):

Mondays • 2/24-5/12 • 4:45-5:30 pm • 10 sessions • Via Zoom • \$175

SPANISH ENRICHMENT @ BRINCKERHOFF, EVANS, FISHKILL, GAYHEAD & MYERS CORNERS

Hudson Advisors of Business & Language in Action has been running these before and after-school programs at Wappingers for over 14 years. Students can learn Spanish in a hands-on program with more focus on the students' needs. Cost of materials is included in the registration fee. The program is open to all students in Grades K-6. Students who have taken the program in the past will continue their instruction. New students are also welcome.

Before School Programs:

Gayhead ES: Mondays • 2/10-3/31 • 7:30-8:20 am • 7 sessions • Room 24 • \$140

Evans ES: Wednesdays • 2/12-3/26 • 7:30-8:20 am • 7 sessions • Library • \$140

Fishkill ES: Thursdays • 2/13-3/27 • 7:30-8:20 am • 7 sessions • Library • \$140

Brinckerhoff ES: Tuesdays • 2/11-3/25 • 7:30-8:20 am • 7 sessions • Art Room • \$140

After School Program:

Myers Corners ES: Wednesdays • 2/12-3/26 • 3:15-4:05 pm • 7 sessions • Library • \$140

College Planning

ADMISSIONS 101

Stephanie Mauro, CCPS

The college research and admissions process can be overwhelming for students and their families. In this presentation, we will guide you through the essential steps to successfully navigate the journey and make informed decisions about college choices. You'll learn the differences between the SAT & ACT and how those scores can make college affordable; how to evaluate a college; what to ask on a campus tour; how colleges evaluate students; and what financial aid really means to a family, including how need is determined, and the federal & private loan programs available. Whether you are a high school student beginning your research or a parent looking to support your child, this presentation will provide valuable insights and practical tips to streamline the college research process. Open to both parents and students. Two dates to choose from. The seminar is free, but you must register to attend.

Wednesday • 3/5 • 6:30-8:00 pm • 1 session • FREE • John Jay HS Room 128

Wednesday • 3/26 • 6:30-8:00 pm • 1 session • FREE • John Jay HS Room 128

SAT Preparation

LENTZ & LENTZ SAT PREP CLASSES

Lentz & Lentz is proud to be offering two options for SAT Preparation...a live, online virtual classroom for SAT prep or IN-PERSON classes at John Jay High School.

In-person course: these classes will be conducted at John Jay HS beginning on Saturday, March 1st. Classes will run weekly on Saturday mornings from 9:30 am-12:30 pm. This program will prepare students for the May & June SAT. Cost is \$549. **For more information, or to register, call Lentz & Lentz at (845) 638-2826 or go to www.LentzSATPrep.com.**

Virtual course: For students who would rather prep virtually, Lentz & Lentz is also offering fully live, interactive SAT Prep classes hosted through Zoom on weekday nights or weekend mornings. Students can choose to prep in the comfort, convenience, and safety of their own homes. For the virtual online class, we use easy-to-use screen sharing technology hosted through Zoom, where we are able to create a virtual classroom in which the instructor and all students can communicate with one another. These lessons proceed according to the same format as our classroom lesson plans, and everything our instructors write down over the course of the lesson, and all of the problems, notes, and solutions covered in a particular class, will be visible online. Should students have any questions, they can push a button to raise their hand. Questions are answered in real time and there is also access to free individualized extra-help. Students can choose from different virtual schedules with courses preparing for the upcoming October PSAT or November SAT. Cost of the program is \$499. **For virtual schedules, dates & times, or to register, go to <https://lentzsatprep.com/live-virtual-courses/>**

GED Preparation Classes

Prepare for your GED exam. Free for students 21 & over. Students under 21 pay a \$20 registration fee. Students 18 & under must bring their high school sign-out sheet, and HS transcript (if possible.) This is an on-going program and new students are accepted at any time. There is no need to pre-register. Classes continue January 2nd.

AMERICAN LEGION HALL

7 Spring St, Wappingers Falls

Mon, Tues, Wed & Thurs • 12:00 pm-3:00 pm

Fridays • 9:00 am-12:00 pm

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English as a Second Language

Classes are free. No pre-registration is required. Classes are on-going & students are welcome to join at any time. No child care available. Classes are for adults 21 and older. Classes continue January 2nd.

BEGINNER

Roy C. Ketcham HS – Room 110

Monday & Wednesday • 6:00 pm-9:00 pm

HIGH INTERMEDIATE

American Legion Hall, 7 Spring St, WF

Monday & Wednesday • 9:00 am-12:00 pm

LOW INTERMEDIATE

American Legion Hall, 7 Spring St, WF

Monday, Tuesday & Wednesday • 9:00 am-12:00 pm

GRAMMAR/PRONUNCIATION (INTERMEDIATE LEVEL)

American Legion Hall, 7 Spring St, WF

Tuesday & Thursday • 9:00 am-12:00 pm

INTERMEDIATE

Roy C. Ketcham HS – Room 111

Monday & Wednesday • 6:00 pm-9:00 pm

Dance

LINE DANCE

Aisha Phillips & Colleen Axelrod

Come out and have a seriously, ridiculous fun time learning modern and contemporary country line dance. Non-dancers as well as Beginners & Improvers are welcome to join our Tuesday night dance party. You'll be kickin' up the dust and boot-scootin' in no time!

Absolute Beginner Line Dance: This class teaches the basics of line dancing and introductory dances – perfect for those new to the dance floor and those returning to dance. No program 4/15.

Tuesdays • 2/25-5/6 • 6:00-7:15 pm • 10 sessions • \$140 • Van Wyck JHS Cafeteria

Beginner/Improver Line Dance: This class is for students who've taken a minimum of one year of classes, or have permission from the instructor to join. Students will learn more complex steps and dances, beginner to intermediate level, depending upon the overall skill of the class. No program on 4/15.

Tuesdays • 2/25-5/6 • 7:30-8:45 pm • 10 sessions • \$140 • Van Wyck JHS Cafeteria

BEGINNER/WEST COAST SWING DANCE

Christopher Bledsoe, Westie Dance Night Out

Come join a Master Level Dance Instructor at Westie Dance Night Out and learn the latest dance craze...West Coast Swing! This class is for beginners with or without prior experience. Students will learn more complex patterns, beginner to intermediate level, depending upon the overall skill of the class. Sign up for a 5-session program and have the flexibility to attend on any of 4 different days & times! All classes take place at Westie Night Out Poughkeepsie, 51 Burnett Blvd, Suite 2, POK. For more information on the instructor and studio, go to <https://www.westie-night-out.com/>. All registration is done through WCSD. Program begins the week of February 3rd. *Program days/times to choose from are: Mondays, 6-7 pm; Wednesdays, 6:30-7:30 pm; Fridays, 6-7 pm; and Saturdays, 1-2 pm.*

Multiple days/times • 5 sessions • \$70 • Westie Dance Night Out, 51 Burnett Blvd, Suite 2, POK

Recreation

THE BRAVE (PARENTING) BOOK CLUB

Laura Bagnarol

Be Big Be Brave, LLC is excited to announce our BRAVE (PARENTING) BOOK CLUB! This book club is specifically designed for parents or grandparents with children/grandchildren of *any* age. We plan to read 4 books in 4 months that are 100% relevant to the challenges both children and parents are currently facing. Each session will be facilitated by a licensed social worker (who is also a parent) and will include thought-provoking, engaging discussion. Parenting is hard. This book club can help! Join us! Cost includes all books we will be reading and refreshments each week. LIMIT 15 PARTICIPANTS. No program 1/29. To register, go to: <https://www.bebigbebrave.com/brave-book-club>

Wednesdays • 1/22-4/9 • 6:30-7:30 pm • 11 sessions • \$125 • Ketcham HS Library

ACTING IMPROV PATROL

Christopher Bledsoe

Unlock your potential with Christopher Bledsoe's *Phenomenal Improv Acting Classes*! This transformative experience is designed to help you find your voice, be heard, command any room, and become the best unique actor you can be, whether you're looking to communicate more effectively, gain confidence, prepare for television, Broadway or to apply for local theater and acting opportunities. We will introduce you to the real you! This class offers practical skills that go beyond the stage. Through fun, interactive exercises, you'll learn to project your voice, captivate an audience, connect with others, become a good listener, connect to a script and bring the screen to life. You will be taught to step into your personal power. Perfect for anyone looking to boost their presence, both professionally and personally! Join us and take the first step towards becoming the best version of yourself. **MUST REGISTER! NO WALK-INS ALLOWED.**

Sundays • 1:00-3:00 pm • \$25 • Improv Patrol, 51 Burnett Blvd, Suite 2, POK

BASIC ANTIQUE CLOCK REPAIR

William Clarke

Perfect for collectors or hobbyists; theory & instruction, information on books & hands-on experience. **LIMIT 15 STUDENTS.**

Thursdays • 1/9-3/13 • 7:00-9:00 pm • 10 sessions • \$65 • Ketcham HS Room 229

HOROLOGICAL RESTORATION

Mike Graham & Jim Holmgren

Prerequisite: Basic Antique Clock Repair course. Cost is \$39.60 for seniors 62 and older. **LIMIT 22 STUDENTS.**

Thursdays • 1/9-3/13 • 7:00-9:00 pm • 10 sessions • \$44 • Ketcham HS Room 223

COED VOLLEYBALL FOR AGES 21 & UP

Larry Kunz, Moderator

Come play volleyball with relaxed rules for adults and seniors. You must pre-register for this class. No program 3/4 & 4/15. **LIMIT 20.**

Tuesdays • 1/7-5/27 • 6:30-8:30 pm • 19 sessions • \$25 • Myers Corners ES Gym

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE (Virtual)

Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Registration fee includes the online book, online follow-up lessons, a recording of the class, and also an optional periodic Q&A session. Class is held online via Zoom and is partly hands-on instruction and partly lecture demonstration. Ages 21+.

Monday • 2/17 • 6:30-9:30 pm • 1 session • \$59 • Virtual via Zoom

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE (Virtual)

Craig Coffman

In just a few hours, you can learn enough about playing guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get playing along with your favorite songs right away. Registration fee includes the online book, online follow-up lessons, a recording of the class, and also an optional periodic Q&A session. Class is held online via Zoom and is partly hands-on instruction and partly lecture demonstration. Ages 21+.

Tuesday • 2/18 • 6:30-9:00 pm • 1 session • \$59 • Virtual via Zoom

INTRODUCTION TO VOICE OVERS

Voices for All

"Wow, you have a great voice!" Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters & think, "I could do that!" If so, then you could have what it takes to begin working as a professional Voiceover Artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company, Voices for All, in a one-on-one, personalized, video chat affordable for just about anyone to get involved. In this one-time, 90-minute, introductory class, you'll also learn about the different types of voiceovers and the tools you'll need to find success. And then...we're rolling! Your instructor will record you as you read a real script, then offer you some coaching so you can improve your delivery. Your instructor will take notes on your performance so you can receive a professional voiceover evaluation later. After the class, you will have the knowledge necessary to help you decide if this is something you'd like to pursue. Check out the video at <http://www.voicesforall.com/ooo> to get a better sense of how the class works. 18 and over please. You owe it to yourself to finally explore the possibilities of this fun & rewarding job! Register through Wappingers Continuing and you can then set up your personal video conference with Voices for All.

Video Conference • 1 session • \$59 • Your class will be scheduled for a date & time at your convenience. You will be contacted by Voices for All once you have registered.

WILLS, TRUSTS & ESTATES

Antony Eminowicz, Esq.

This course will offer an in-depth discussion of wills, the probate process, trusts, the advantages/disadvantages of their use, and estate tax issues. The course will be divided into three sessions with wills, powers of attorney & health care proxies/living wills in Session I; trusts, probate avoidance & asset protection in Session II; and asset protection & Medicaid eligibility rules in Session III. There will also be some overlap among the sessions. Join us for one, two or all three sessions!

Wednesdays • 5/7-5/21 • 4:15-5:30 pm • 3 sessions • FREE • Ketcham HS Room 107

MEDICARE 101 (VIRTUAL)

James Farnham, Licensed Agent

Are you currently enrolled in Medicare? Will you be turning 65 over the next year or two? Learn about eligibility, how and when to enroll, when you can make changes, and the insurance options available to you. Review and compare what services are covered/not covered under Medicare Parts A, B, C and D. Detail the costs associated with medical and drug insurance. Explore and evaluate Original Medicare, Medicare Supplement Insurance, High Deductible Medicare Supplement Insurance, Prescription Drug Plans and Medicare Advantage Plans. This program will simplify the choices you need to make, help you make more well-informed decisions and explain what Medicare means for you! This is an educational event. You must self-register for this event by clicking on the link for the date you wish to attend. At the online registration page, enter only your first name and leave your last name blank.

Tuesday • 2/11 • 6:00-8:00 pm • 1 session • FREE • <https://bit.ly/48LeFHi>

Saturday • 3/22 • 10:00 am-12:00 pm • 1 session • FREE • <https://bit.ly/4eqKRAT>

Thursday • 4/10 • 6:00-8:00 pm • 1 session • FREE <https://bit.ly/3AzK6b5>

PASSPORT TO RETIREMENT

James P. Agrawal, Certified Financial Planner

This course will help you develop & organize a detailed financial plan. Learn how to define & create your retirement, assess the costs of retirement, evaluate sources of income, invest for the future, protect your health & wealth, receive funds from your retirement plans & manage your estate distribution. \$30 book fee payable to instructor first night of class. Spouse/guest may attend free of charge.

Tuesdays • 4/29-5/13 • 6:30-9:00 pm • 3 sessions • \$49 • Ketcham HS Room 107

SECRETS WALL STREET DOES NOT WANT YOU TO KNOW WHEN INVESTING YOUR MONEY

Rick Nathan, Consumer Advocate

Learn how not to be ripped off when buying or leasing cars, buying insurance, investigating long-term care insurance, investing with or without financial planners, & investing in mutual funds on your own. After taking this course you will have the confidence to invest on your own or be able to interview financial planners to find the right one for you. Optional materials fee of \$20 payable to instructor.

Wednesday • 4/2 • 6:00-8:00 pm • 1 session • \$55 John Jay HS

GETTING GREAT REAL ESTATE DEALS WHEN BUYING OR SELLING IN DIFFICULT TIMES

Rick Nathan, Consumer Advocate

Rick Nathan is strictly a consumer advocate & not a real estate agent. He will teach you the pros & cons of foreclosures, renting w/option to buy, owner financing & buying for no money down. You will also learn how to wisely buy or sell investment properties, primary homes, multi-families & vacation homes. Optional materials fee of \$20 payable to instructor.

Wednesday • 4/2 • 8:00-10:00 pm • 1 session • \$55 • John Jay HS

HOW TO DRASTICALLY CUT COSTS IN DIFFICULT FINANCIAL TIMES

Bev Nathan, Consumer Advocate

Topics to be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving money when getting a car, home & life insurance, and methods to reduce your school & county taxes on your home. Optional materials fee of \$20 payable to instructor.

Wednesday • 4/2 • 6:00-8:00 pm • 1 session • \$55 • John Jay HS

ENTREPRENEURSHIP: STARTING YOUR OWN BUSINESS WITH LITTLE MONEY DOWN

Bev Nathan, Consumer Advocate

Learn behind-the-scenes practical information on how to start a successful, home-based, second-income business which can then become full-time. Learn how to avoid making major financial mistakes. Optional materials fee of \$20 payable to instructor.

Wednesday • 4/2 • 8:00-10:00 pm • 1 session • \$55 • John Jay HS

Registration Information

TO REGISTER FOR ANY CLASS OR PROGRAM go to: wappingersschools.org and click on COMMUNITY, then select CONTINUING EDUCATION from the menu and following the links for Winter/Spring 2025 program registration.

General Information

Continuing Education Office Hours

- The Wappingers Continuing Education office is open from 9:00 am – 3:00 pm. Please call before coming to make sure someone is in the office.
- Telephone: 298-5000, ext. 40137

Registration Information

- All registration is now done online through ArbiterSports. Go to www.wappingersschools.org and select COMMUNITY then select CONTINUING EDUCATION from the menu and follow the links for WINTER/SPRING 2025 program registration.

General Information

- **Classes will not be held on the following days: Jan. 1, 20, 29; Feb. 14, 17; Mar. 7, Apr. 14-21; May 26; June 19**
- Early registration is encouraged to ensure placement & to avoid possible cancellations due to insufficient enrollment.
- If there is low enrollment, a class may be canceled. If it is canceled, you will be contacted by phone or email & your registration fee will be returned. Please be advised that cancellations are not decided until a few days before the start of class.
- Email acknowledgements of registration will only be sent for free classes, driving safety classes and after school classes for students. These will be sent a day or two prior to start of class.
- SENIOR CITIZENS: Senior citizens 62 & older can take 10% off all course registration fees. This discount does not apply to books or supplies.
- WEATHER CANCELLATIONS: If school is cancelled for Wappingers Central School District or after school/evening activities are cancelled, then all Continuing Ed classes are cancelled as well. Canceled classes will be made up as the schedule allows.
- BOOKS & SUPPLIES: Prices may increase. Senior discount does not apply to any books or supplies.
- PARKING: Do not park in front of the main entrance or along the sidewalk at the front of the school. These are fire zones.
- SMOKING POLICY: There is no smoking or vaping allowed anywhere on school grounds or in school buildings.