

Wellness Committee Minutes

January 10, 2017

Called to order: 9:01am

Wellness Policy - thank you for the work that was done to get the draft policy to where it currently stands. Much of the feedback from the committee was not true policy, but input for the procedures and standards of the plan (this information will be kept for when that step occurs). The draft policy was sent to all members of the committee for review with no comments provided. It was explained that the next step is for the policy committee to review and forward to the BOE for a first read and a second read and approval. After speaking with the District Clerk, she does not believe that this policy will be included in the next BOE agenda (1/23/17) and foresees it's inclusion on the 2/6/17 agenda for a first read and a second and approval on 2/27/17.

Wellness Procedures & Standards - Due to the extended time the policy process has taken and the mindfulness of a need to report out to the BOE annually on the District's wellness plan, the committee was asked to review the wellness plan and DRAFT policy. Both documents would be emailed to the committee later this week with a date when feedback should be provided by. It is not feasible to present to the BOE a plan that is based on a draft policy. So the committee was asked to review the two documents as they exist and provide feedback. Once the BOE approves the policy and we make amendments as needed, we can finalize our presentation. The next workshop meeting after approval, based on the above timeline, would be 3/6/17. Due to the very short turnaround for the finalization of a presentation and subsequent review by the wellness committee for the 3/6/17 BOE and the fact that that meeting has a full agenda for presentations. It is probable that the wellness committee presentation will be scheduled for the 4/3/17 BOE meeting. A wellness committee meeting will be scheduled for early March 2017.

Topics discussed during the plan conversation were - increased physical education time, food waste and how to accommodate "growth spurts" with the USDA (PK). Fishkill elementary has a workout Wednesday once a month (happens to be this week) and wellness info is sent home to parents. Dr. McNally to share, need for parent education (AM), incorporate food prep into a science or social studies lesson i.e.e: pea shelling (PK), cognizant of food allergies in the plan (AM), food allergies and diabetic students on a field trip to movies - wherein lies the liability and responsibility to promote awareness (MES), bus stops so close in the Village of Wappingers and Fishkill

(PK), look at alternatives to use facilities in an innovative manner to increase physical education (PK), need for more afternoon runs from middle schools to support increased opportunities for intra murals (SS). Will changes in Washington affect policy? (PK)

Building level committee work - KC has asked to be on the next principal meeting agenda for this discussion. We serve as the District level committee and need to provide a broad overview for the building level committees to implement. Look forward to having input from the building level committees in the annual presentation to the BOE. KC will attend their meetings if invited and bring info back to the District level committee.

For the good of the order - Website work will begin with next meeting as well. KC asked the Committee to start thinking of ideas on what can be included....student resources, parent resources, links to calendars and events, menus for food service, plan, policy etc. Trustee's Munusamy and Karath did not get included on email invite so they did not know about this meeting until Monday (1/9/17). Also, Trustee Karath will not be able to make 9:00am meetings...could we make them later in the day. We will ask the committee members.

Ms. Schlusser has been approved as a presenter for the Feingold group and would be willing to serve in any capacity.

Adjourned 9:42
