

Wellness Committee Meeting - Minutes

Meeting Date: Wednesday, 10/23/19

Minutes Approved: Tuesday, 1/14/20

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1/16/2020

Meeting Called to Order: 8:03am; Mr. Rubin motioned; Mrs. Kelland seconded; unanimous

Welcome to new members: Introductions around the table. Thank you for your participation in this Committee.

Approve meeting minutes: 3/12/19 and 5/22/19 meeting minutes needed approval by the Committee due to not having a quorum at the 5/22/19 meeting. Mr. Rubin motioned; Ms. Johnson seconded; unanimous

Wellness and Shared Team Drive: Ms. Crandall explained about the shared google team drive that all members of the committee were invited to view. There is a lot of data that is shared here and more is always encouraged from members of the committee (i.e.: articles, information, recipes, etc.)

Wellness Committee Charter is provided for all to review.

Policy 5404 received a recent update based on New York State (NYS) guidelines. Wappingers Central School District (WCSD) is compliant with the policy language, as required.

Wellness Procedures and Standards is available on the drive for review. This requires annual review and approval by the BOE in a public presentation every three years. These procedures were presented to the BOE in November 2018.

Student Data: NYS level data on attendance, discipline and grading is available on the drive. Ms. Crandall encourages any member of the Committee to find correlations in the data. She has done work in this area and has found nothing too pertinent that would apply to Wellness as NYS is not clear on what “should” be found.

Wellness Activities in our buildings: Wellness is more than the food in our cafeterias – it extends to the entire student and staff population. Building level activities will be updated on the District’s website as well.

Open Discussion: The Harvest of the Month for October is beets. Harvard beets were a hit per Mr. Flusser. November is kale. Kale chips are always popular. Thankful for the opportunity to locally source for many of the Harvest of the Month options.

Mr. Rubin asked about food allergies and the WCSD kitchens; a brief conversation was had on the topic.

Mr. Rubin asked if outside information could be shared with the Committee. Ms. Crandall said certainly, please forward to her attention and it would be added accordingly.

Mr. Flusser mentioned the harvests we were able to utilize from the John Jay High School garden as well as the Poughkeepsie Farm Project. He will speak to this more at the January 2020 meeting of the WCSD Wellness Committee.

Mr. Flusser also mentioned the creation of the Future Farmers of America (FFA) club at John Jay High School. He was asked to attend the new club’s meeting and found himself excited about the opportunities that this club will offer. More information to follow on this topic.

Mr. Rubin inquired as to the language of the Charter – “parents” listed in the language but only “parent” in the list. Community members cover parents as well. The Committee is not violating its member content based on current language. Amending the charter is a possibility. (After discussion with Ms. Pedro, after the meeting, Ms. Crandall will add this topic to the January 2020 agenda for further discussion)

Next meeting: January 14, 2020 (snow date January 16, 2020)

Motion to adjourn: 8:27am; Motion Mr. Rubin; Second Mrs. Kelland; unanimous