

APPROVED: Wellness Committee Minutes 5/19/21

Meeting Date: Wednesday, 5/19/21 (Google Meet)

Meeting Called to Order: 8:03am (motion: Mr. Lumia; second: Mrs. Kelland; unanimous)

Pledge of Allegiance

Minutes Approved on 10/6/21: (motion: Mr. Lumia; second: Mrs. Kelland; unanimous)

Attendance (Remote)

Present: Kristen Crandall, Matthew Flusser, Kurt Jesman, Marie Johnson, Peggy Kelland, John Lumia, Taegen Miano, Robert Rubin, David Seipp

Absent: Mary Merenda, Brandon Opitz

Welcome: Ms. Crandall thanked the Committee for their work during this past school year. It was a difficult one. Mr. Lumia asked if this meeting was being live streamed or recorded. Ms. Crandall said that it was not.

Minutes: Approval of minutes from the 3/17/2021 meeting (motion: Mr. Lumia; second: Mrs. Johnson; unanimous)

Wellness Survey Results:

Reviewed student survey results: The survey produced 356 responses from students in grades 7-12. About the same percentage of students participated from each grade level. This is not a representative sample and is about the same number of participants as in prior years. Reviewed each question's responses. When comparing question 2 and question 3, regarding remote and participation in the remote feeding option, we need to keep in mind that this is about 199 students and not parents. Mrs. Kelland added that it is possible that students didn't know that their parents had been utilizing this option. Comments pertaining to physical activity this year: Mrs. Kelland has noticed many more kids outside in her neighborhood playing pick up games and bike riding. Mr. Miano confirmed that he has had more physical activity this school year when asked by Mr. Lumia. Mr. Jesman added that the timing of the survey in early April shows that much more activity is now occurring in this past month. The parks and recreation spaces are full now with kids and leagues. Mrs. Johnson shared that students may not understand that hanging out and walking around with each other in groups or sitting on the swings at the playground is really an activity and not just avoiding Mom and Dad.

Reviewed community survey results: The survey produced 1,326 results with a balance of responses from all grade levels K-12. The number of respondents in this 2020-21 survey is significantly higher than the survey in 2019-20 (625). Mr. Lumia asked Mr. Flusser about how many remote meals he provides – 150 now but had been as high as 600 during the hybrid model. Question 3 and the associated comments – Mr. Lumia asked about how expired food was given out. Ms. Crandall shared that when you pick the milk up it is dated fine but not if you wait a week to drink it, for example. Mrs. Kelland also added that leaving the veggies in a warm car will cause them to wilt. Ms. Crandall added that it was encouraging to see more than just negative comments. All comments will be reviewed. Discussion began about the free for all waiver offered by the National School Lunch Program (NSLP). Mrs. Kelland asked how the Title I allocations will be handled as this is a source of federal grant dollars in light of no applications for free and reduced meals. Mr. Flusser advised how direct certifications work which are

APPROVED: Wellness Committee Minutes 5/19/21

based on public assistance (i.e.: Medicaid, food stamps etc.) and which will continue. The community eligible portion is what will be “missed” by not completing applications in 2021-22. Question 5, Mrs. Kelland noted that the parent responses to the activity question were similar to what the students reported which put more accuracy in the responses.

Good of the order: Ms. Crandall thanked the members of the Committee again. She shared how the process works (i.e.: charter approval, reorganization meeting, request for committee members) and asked for the members to look for the email requests for participation in September. Mrs. Kelland thanked Mr. Flusser, Mr. Jesman and staff for their hard work this year. Mrs. Johnson added a big thank you as well and Mr. Lumia added that WCSD can pull through.

Motion to Adjourn: 8:33am (motion Mr. Lumia; second Mrs. Johnson; unanimous)