

APPROVED: 5/25/22 Wellness Committee Meeting Minutes *(approved 10/12/22)*

Meeting Date: 5/25/22 at 8:00am, District Office

Meeting Called to Order: No Quorum

Pledge of Allegiance

Attendance

Present: Kristen Crandall, Matthew Flusser, Kevin Hathorn, Kurt Jesman, Peggy Kelland, Kelly Jackman (Community Member)

Absent: Keri Cahill, John Lumia, Michael McFarland, Taegen Miano, Brandon Opitz, Robert Rubin, David Seipp, Chrissy Sica

No quorum at meeting.

Introductions done around the table

Meeting Minutes: Approval of the 3/16/22 minutes were waived as no Quorum.

Wellness Survey Discussion

Student survey (Grades 7-12) participation totaled 234 responses - not a representative sample. Reviewed charts regarding breakfast eaten daily, if yes, at school or home, lunch from home at school, no lunch period responses, food options, wellness activity options, both in and out of school. Conversation had regarding participation in free breakfast and lunch with the SSO waiver for 2021-2022, healthy vs. not healthy, awareness of meal options in the WCSD kitchen, bold print these options on menu (Mrs. Kelland), over 50% participation in lunch service due to waiver (Mr. Flusser) and not sure how many more the staff could feed daily, different participation between high schools waiver vs. no waiver, scheduling of lunch times is too early and students are not hungry (Mrs. Kelland), etc. Hard to rely on results with such a low sample of the population (4.68% of population responded).

Ms. Jackman asked about the health curriculum at elementary grade levels. Mr. Jesman advised the NYS curriculum mandates health education in grades 7-8 and grades 10-12. Classroom level teachers at elementary grades do provide some guidance on health matters. Physical education minutes at elementary schools below minimum set by NYS. This has been the case for many years. PE is only counter for minutes when under the instruction of a PE teacher. Recess and classroom related activities do not count towards PE. What do we give up to get more PE? Art or music, as examples.

Parent/guardian survey totaled 565 responses. Similar questions asked to students. The surprise was that parents/guardians will continue to utilize WCSD food service even without a free food waiver, increased wellness activities (Ms. Jackman asked about activities, teacher driver per Mr. Jesman, increased intramural activity offerings per Mrs. Kelland), review the results for areas to grow the program, Mr. Hathorn continues to share information after listening to his seven grandchildren and within the community.

Thank you

Ms Crandall thanked the members for their work and commitment to the District Level Committee. 2022-2023 committee openings should be announced in the late summer of 2022. Nothing to add from the members.

Meeting ended - no quorum.