

Wellness Committee Minutes 3/16/22 (*approved on 10/12/22*)

Meeting Date: Wednesday, 3/16/22 - District Office Board Room

Meeting Called to Order: 8:01am (motion: Mr. Lumia; second: Mrs. Kelland; all in favor)

Pledge of Allegiance

Attendance (Remote)

Present: Kristen Crandall, Matthew Flusser, Kevin Hathorn, Peggy Kelland, John Lumia, Michael McFarland, Brandon Opitz, Robert Rubin

Absent: Keri Cahill, Kurt Jesman, Taegen Miano, David Seipp, Chrissy Sica

Introduction New Committee Member: Kevin Hathorn - Community Member

Approved: 1/12/22 Meeting minutes (motion: Mr. Lumia; second: Mrs. Kelland; all in favor)

Survey Review:

Parent/Community Survey: Trustee McFarland inquired about a question related to special dietary needs of students. Much conversation was had about how to word the questions, what data was to be gathered based on it, did the question fall within the purview of the District Wellness Committee, what impact would asking a question such as this mean to the Food Service Department, dietary or medical need vs. likes vs dislikes, what impact will the small population of responses have for WCSD Food Services, etc. In summary, the school nurse works with Food Services throughout the year as well as parents directly reaching out to Food Services with needs or concerns for their children and access to WCSD cafeterias. WCSD will include mention of the process for special dietary needs in correspondence with families. The decision was made not to include the question.

Student/Community Survey: Trustee Lumia was very happy with question 9 and thought it was a good question.

The next question on surveys would be when to have these go live. The Committee decided after the spring break. The dates will be Tuesday, 4/19/2022 for the Parent/Community Survey and Wednesday, 4/20/2022 for the student survey (sent to secondary school students only). The Board of Education will be reminded of these dates and an announcement will be made.

Food Service Update: Director Flusser shared the news on Food Service. Increased participation is fantastic as a result of the waiver for free breakfast and lunches. Increased costs of food, fuel surcharges and the use of free commodity food which equals more manpower to prepare is the downside. A la carte options have been reduced. It is anticipated that these options can be expanded and small increases in prices will occur. Offer vs. serve was also discussed (i.e.: milk at breakfast). Trustee Kelland spoke of the milk program when she was in school. Director Flusser shared that milk is not required and Trustee McFarland asked if WCSD would still be compliant. Director Flusser shared how it is possible to still be compliant due to other items in the breakfast offering. Trustee Kelland asked about chocolate milk and Director Flusser shared that fat free chocolate milk is offered and that this generation of students only

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knows this option as chocolate milk. Community member Hathorn shared that he saw that gasoline prices dropped by \$.18 to \$.20 in one day and that this could mean a better future for WCSD Food Services in the area of costs. Small discussion ensued. Director Flusser summed it up with the notion that canned fruit is more expensive than fresh fruit at this time in this economy.

Good of the Order: Community member Hathorn noted that he spoke to his grandson from JJ who has had many experiences with WCSD Food Service. His feedback was that the bread is good, the pizza could be cooked more and the chicken is good. The quality of the food depends also on who is cooking it. Ms. Crandall explained what the pandemic has meant and the changes, for example, in permanent staff at JJ. Trustee Lumia shared how his favorite restaurant sees the same things sometimes. Community member Hathorn will be sure to have his two additional grandchildren complete the survey as well. He also shared his Catholic school experience with school lunch as did Trustee Kelland. Director Flusser shared that food tastings are being brought back and the feedback gathered from students on the new options.

Confirmed the next meeting date of 5/25/2022. Homework for Ms. Crandall: share with the Committee the dates the surveys will be released. Compile the feedback from the surveys and provide to the Committee in advance of the 5/25/2022 meeting for their review.

Meeting adjourned: 8:56am motion Trustee Lumia; second Mr. Rubin; all in favor