

FAMILY ID TIPs FROM THE HEALTH OFFICE
FOR A SUCCESSFUL SPORTS SEASON

1. Register Student

Complete registration will include:

A. A valid **physical exam** and **prescription medications** uploaded.

*These documents must be dated within the year (i.e. 3/1/2023 will be valid for sports starting 3/2024. A physical or medication dated 2/2023 will not be accepted.)

*If prescription medications are no longer needed or a chronic condition has resolved (i.e. Asthma) than a discontinue note from the provider should be uploaded or on file.

B. 30 day Health History questions completed.

*please note **“yes”** answers will be flagged and may require further investigation and documentation

- Possible Cardiac Clearance

- Recent injury or surgery clearance *if* applicable (concussion, fractures etc.)

- Possible Covid clearance note *if* required

2. Registered Nurse to review Family ID application and documentation

A. “Approval status” will then change to **NO STATUS, APPROVED** or **NOT APPROVED**.

***NO STATUS** or **NOT APPROVED** -please check the **“Notes to Registrant” section** for detailed communication/instruction from the nurse. “Approval status” could change to NOT APPROVED or remain NO STATUS depending on the required information and if the school doctor needs to review

-School doctor may need to review application *remotely* for final approval

3. Approved

A. *Smile and Enjoy the Sports Season!*

*For practices, schedules, try-outs, and mixed competition information: please contact the coach or athletic department

Do’s and Don’ts

DO regularly check Family ID registration for status updates and final APPROVED status
DO refer to the “Notes to Registrant” section for updates or requests from health office
DO understand that the Health office reviews hundreds of registrations each season while managing the health needs of students on site

DON’T confuse “registration status” COMPLETED with “approval status” APPROVED
DON’T rely on email notifications from Family ID; be proactive and logon to Family ID