

Good Morning Ketcham Nation!

Today is Day 4

Today's Motivation: Today is your opportunity to build the tomorrow that you want.

#### FOOTBALL

The Varsity football team defeated the FDR President's on Friday night in their 1st game of the season by a score of 34-13. Touchdowns were scored by Jaden Turner, Dylan Fay, Dean Fitzsimmons, and two by Kenrick Williams. The Offensive line led the way by blocking for 260 yards rushing with Anthony Alonso the leading rusher with 61 yards on 10 carries. Raheem Adebola led the defensive effort with 9 total tackles. Jaden Turner added 6 tackles to go along with a blocked punt and a fumble recovery. It was a strong effort by the entire team. Ketcham will play its opening home game against league opponent Yonkers Force on Friday night at 6pm. Come on out and support the team!

#### SOCCER

The Boys Varsity Soccer Team traveled to Port Chester for the season opener. The boys battled hard, and won 2-1. Noah scored his first Varsity goal with an assist from Outman!!. The boys travel to Spring Valley Thursday. Come out and support!!!

#### FIELD HOCKEY

Both JV and Varsity field hockey teams won vs Mahopac. 4-1 and 2-0 respectively. Next game – Saturday vs Mamaroneck.

#### STUDENT COUNCIL

Exciting things are happening, and we want YOU to be a part of it! Come to our Student Council meetings every Tuesday at 2:30 PM in the Cafeteria, starting September 10. This is your chance to help us brainstorm and decide on amazing themes for Homecoming and Spirit Week! Everyone is welcome, and we'd love to hear your ideas and energy. Don't miss out on the fun and the opportunity to make a difference!

#### KETCHAM KEYNOTES

Open auditions for the Ketcham Keynotes Acapella Ensemble will be held after school on Tuesday, September 10 in room 117 (the Chorus Room). We are looking for all voice types including Soprano, Alto, Tenor and Bass. Please see Mr. King today if you are interested in joining.

#### HISTORY OLYMPIAD

Do you love history and enjoy a bit of competition? Join the History Olympiad! This is your chance to compete at regional and national levels. Our first meeting will be on Thursday, September 12th in room 199 directly after school. If you're interested in becoming one of the club's officers, attendance at this meeting is mandatory. Please email Mr. Mayo and Mr. Diamente with any questions.

History Olympiad trivia question of the day: What Ancient Civilization Was Responsible For The Creation Of The Rosetta Stone? Find out the answer in tomorrow's announcement!

#### ASL CLUB

American Sign Language Club will have their first meeting on Monday, September 16th in Room 358! Learn how to sign your name and the alphabet! No prior experience necessary. For any questions, please see Mr. Bautista in room 358! See you there!

#### PRIDE CLUB

RCK Pride Club will meet on Tuesday, September 10th in Room 340 after school. All are welcome. Google Classroom - <https://classroom.google.com/c/NDEyNzc3MjczNDU2?cjc=ew4gbor>

#### SOFTBALL

Open Field this Wednesday & Friday from 2:45 - 4:15 for all girls interested in JV or V softball. Please bring your own equipment (cleats/turf shoes, glove, bat, water, etc..). See Coach Satterlee in room #110 if you have any questions.

#### GIRLS BASKETBALL

There will be Girls Basketball Open Gym Wednesday 7-8:30pm...any questions see Coach Mealy

#### STOCK MARKET CLUB

Want to learn how to be a millionaire? The stock market club will meet on Tuesday, September 10 in room B1 after school. See Mr. Remick for more details. all are welcome

#### ITALIAN NHS

Italian National Honor Society will have its first meeting on Wednesday 9/11 at 2:25pm in Room 344. Please check Google Classroom for instructions if you would like to run for an officer position. Email Signor Parlapiano with any questions.

#### MASQUE & MIME

The first meeting will be on Tuesday, 9/10, after school in the Auditorium. Come learn what we're all about and how you can get involved, be it onstage or backstage!

Auditions for the fall play will be on Wednesday, 9/11 and callbacks on 9/13. All audition materials are on Google Classroom.

#### POKEMON CLUB

Pokemon Club will have its first meeting on Wednesday 9/18 in room 255. Please bring cards to play. If you have any questions please see Mrs. Sivco in Room 194 or email [tiffany.sivco@wcsdny.org](mailto:tiffany.sivco@wcsdny.org)

#### YEARBOOK

Anyone interested in becoming a member of the yearbook please come to the informational meeting on Tuesday 9/17. Rm 293 right after school. You will meet the current members and learn what it means to be on the yearbook staff.

#### WBL CLASSES

Work-Based Learning (WBL) students:\*\* All paperwork found in the Google Classroom is due by Friday, 9/13/2024.

#### RCK APPAREL

Please consider supporting Ketcham Cross Country by purchasing something from our apparel store. Your contribution directly benefits our team, and we truly appreciate your support.

<https://www.hometownapparelny.com/rck-xc>

#### SENIOR PORTRAITS

SENIORS do not wait to get your Senior Portrait done now. All SENIOR PORTRAITS must be completed through Legacy Studios by December 31st. Next set of dates are 9/25-9/27 and 10/28-11/1. Make your appointment today! <https://seniors.legacystudios.com/roy-c%20ketcham-hs/>

#### KETCHAM SPIRIT WEAR

You can purchase Ketcham Spirit wear at either of the two online stores.

<https://continentalscreenprinting.chipply.com/KetchamStorm/>

<https://continentalscreenprinting.chipply.com/KetchamFaculty/>

BOTH STORES CLOSE SEPTEMBER 15th

#### PTSA

Joining the PTSA helps to support many events and activities here at RCK. Your membership also helps to support scholarship opportunities. Become a member today here:

<https://rck.givebacks.com/store?limit=21&live=true>

#### ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

#### *National Recovery Month and National Suicide Prevention Month*

Suicide is an increasing problem in the United States. It is the tenth leading cause of death overall, claiming the lives of over 47,000 people. Shockingly, suicide is the second leading cause of death among adolescents aged 10 to 24 years old. According to the Centers for Disease Control and Prevention, 17.2% of high school students had seriously contemplated suicide in 2017 (up from 13.8% in 2009) while 7.4% of students had attempted suicide. Mental health disorders are the most significant factor in suicide. And suicide is a leading cause of death among people who misuse alcohol and drugs.

If you need to talk to someone or have a friend you are worried about please see any of the support staff in the building or come to Mrs. Blades office in room 224 across from the cafeteria.

Please take the time to be kind to others and spread positive messages, you can change someone's day!

On Friday September 13th please stop by Mrs. Blades' table in the cafeteria for a Recovery Month activity by writing messages of support for those in recovery from substance use disorders to be sent to treatment centers in the area.

Make this a great day RCK and remember to go #All In All Ways.

Your principal,  
Dave Seipp