

Tuesday, January 2, 2024

Good Morning Ketcham Nation!
Today is Day 6

Today's Motivation: Today is the first day of the rest of your life. Make it count.

STUDENT COUNCIL

There will be a meeting today (1/2) after school in room 339 to discuss and plan bingo.

WRESTLING

Raheem Adebola wrestled tough, winning 4 out of 5 matches on Wednesday, making it to day 2 of the Mid-Hudson Wrestling Tournament. First match of day 2 was against the number 1 ranked 285 pound wrestler in the section. Marlon Wheatley from Ossining. Raheem and Marlon went into overtime where Raheem would win by 1 point and move on. Tough opponents throughout, Raheem found himself in position to wrestle for 3rd or 4th place. This is where he met Marlon again to wrestle for 3rd place. Raheem gave EVERYTHING he had and took Marlon down in OVERTIME to win by 2 points. This was Raheem's 1st wrestling tournament of his career and his 1st time placing in the most difficult tournament of the year. Super proud and what a great day for Ketcham Wrestling. Looking forward to our Mat War tournament this Friday and Saturday.

ATHLETES OF THE WEEK

Congratulations to the RCK Athletes of the Week for the week ending 12/16.

Nia Rencher - Basketball. In the opening night win, Nia had 18 points and 22 rebounds

Connor Hitt - Track & Field. Connor won both the 1600m and 3200m races at the kickoff meet.

Isaac Menjivar - Track & Field. Isaac set a personal best in the 1600m run while finishing 2nd at the Freshman/Sophomore meet at RCC. He also anchored the 4x800m relay to 2nd place

Way to go!

STUDENT OF THE MONTH

Congratulations to Richard Newman for being named Student of the Month for December by the Rotary Club of Wappingers Falls. Richard was honored at a ceremony by the club for this distinction. We are very proud!

TRACK & FIELD

Congratulations to Connor Hitt and Abby Kowalczyk for finishing 3rd in their mile races at the Marine Corps Holiday Classic at the Armory. Isaac Menjivar, Matt Kowalczyk, Michael Velders and Ryan Kowalczyk all had personal best times for the mile distance. Great job!

YEARBOOK

There is a limited quantity of yearbooks available. You can still secure a book by ordering now at <https://buytheyearbook.pictavo.com/login> School Code 715765

Don't miss out!

BASKETBALL

Congratulations to RCK Girls Varsity Basketball for their performance in the KSA Holiday Basketball Tournament in Orlando, Florida. The team had a great showing in the 3-day tourney, reaching the finals where they were defeated by a strong offensive team in Dupont High School from Kentucky. We are so proud of your hard work!

RED CROSS CLUB

The Red Cross Club will meet the 1st and 3rd Wednesdays of the month, beginning 1/3, in Room 255. Hope to see you there!

REGENTS BOOT CAMP

English Regents Bootcamp for the January Regents exam will be held on the following dates directly after school:

Tues 1/2 - Room 210

Tues 1/9 - Room 210

Tues 1/16 - Room 210

SENIOR TRIBUTE ADS

Celebrate your Senior with a tribute ad in the yearbook. The deadline to order is 2/23/24, but don't wait! Take care of it

now before the rush of graduation sets in. <https://www.tributeads.com/>

SPORTS TALK CLUB

The Sports Talk Club will begin meeting in January. The class code is n6m2omg and all the information will be in the classroom

SKI & SNOWBOARD CLUB

Registration to join the Ski & Snowboard Club is open. Students must register online and provide the transportation fee to secure their spot. A very limited number of spots are still available - so don't delay! To join, please begin the registration process online. The registration form may be found here <https://forms.gle/E6G8gPmE7t98EAB19>
For more information, please visit our Google Classroom at class code: gpnknlc

LITERARY MAGAZINE

The RCK Literary Magazine is the perfect club for anyone who enjoys expressing their creativity through their writing, art, or photography. Our Prompt Challenge for December/January is "Holiday and Winter Traditions" Share your warming tales with us! Submit your work to this form to be featured in the 2024 Issue: <https://forms.gle/vQHrUaG6PegfT23E9>
Our meetings are after school on Thursdays in room 208. Join us! Google Classroom Code: lrh2tys

OTHER MUSIC CLUB

A club for anyone who is interested in creating their own music of any kind! The Other Music Club is a space to discuss, share, and create live music as a community. No musical skill is necessary, just a willingness to participate. We are aiming to have some sort of performance/ battle of the bands later in the year to showcase students' music (collaborative or individual). Anyone is welcome to join us on Wednesdays in room 203 from 2:30 to 3:30!

UNICEF

Are you interested in quality community service, advocating for the human rights of women and children, and a fun after-school activity? UNICEF is the club for you! We meet every other Tuesday in room 336! Join the GC for more info! GC: ovydeut

SCHOLARSHIPS

Attention Seniors. Check out our scholarship page at <https://www.wappingersschools.org/Page/8613> Click on the 2023-2024 Scholarship Summary. Scholarships are also posted in the Class of 2024 Google Classroom.

PTSA

Please help support our students, faculty and staff with your PTSA membership. Sign up online: <https://rck.memberhub.com/store?limit=21&live=true>

RCK ATHLETICS

Good luck to the Ketcham teams competing today! Freshman Boys Basketball at Poughkeepsie. Let's go RCK!

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Make this a great day RCK and remember to go #All In All Ways.

Your principal,
Dave Seipp