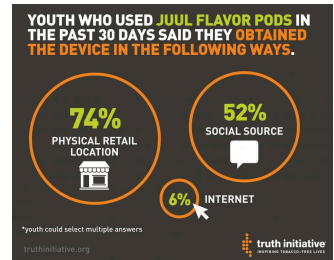


# The Dangers of Vaping

The Wappingers Central School District will host a presentation on  
"What Parents Need to Know About Vaping"  
Wednesday, February 20th at 7 p.m.  
at Roy C. Ketcham High School in the auditorium.

This presentation will focus on the dangers of vaping and the use of electronic cigarettes. The practice of vaping among teenagers is approaching epidemic proportions. WCSD is committed to informing parents of the harmful effects these products have on a child's health.



## FAQs About E-Cigarettes

- E-cigarettes contain nicotine which is highly addictive
- A single JUUL pod contains as much nicotine as a pack of 20 regular cigarettes
- Nicotine can harm brain development which continues until about age 25
- E-cigarettes can be shaped like a USB
- Use of tobacco products- including e-cigarettes is UNSAFE for young people
- 20.8% of HS and 4.9% of JHS students use e-cigarettes
- More than 3.6 million middle and high school students used e-cigarettes in the past 30 days
- E-cigarettes contain heavy metals, volatile organic compounds and ultrafine particles that can be inhaled deeply into the lungs

HEALTHQUEST Join us to learn more as WCSD welcomes two local physicians, Dr. Dorothy Page and Dr. Christina Mezzone from the HealthQuest Medical Practice in Fishkill. They will speak about the impact of vaping on one's health. All WCSD parents are invited to attend.

