

**Monday, January 8, 2024**

**Good Morning Ketcham Nation!**

**Today is Day 4**

***Today's Motivation: Loan someone your strength instead of reminding them of their weakness.***

#### WRESTLING

Congratulations to RCK Wrestling for hosting this weekend's Mat Wars Tournament. On Friday, JV Wrestling took on some really difficult teams. RCK went 3-1 in dual meets and finished in 3rd place overall. A lot of great wrestling by all 8 teams.

On Saturday, 12 schools competed in the tournament. Despite working against the storm coming in, we had an absolutely great day. RCK had 8 wrestlers in a placement match. Raheem Adebola, Angelo Battista and Emil Corporan all placed 3rd place in their weight class brackets. Brian Cservak Jr. finished in 5th place in his first varsity wrestling tournament of the year. This was the first time all 4 of these wrestlers finished in the top 5 since being a part of the Mat War tournament. Ketcham placed 4th overall in total team points. A lot of work to be done as we get ready for our hometown rival John Jay East Fishkill on Wednesday.

#### SENIORS ONLY TRIP

Class of 2024 trip to Barclays Center to see the Brooklyn Nets take on the Cleveland Cavaliers on Thursday, Feb. 8. Bus leaves RCK at 3:30pm. Game time is 7:30pm. Estimated return to RCK 11-11:30pm. Cost is \$75 and includes game ticket/fees, coach bus ticket and snacks/water for the ride. There will be time to explore Barclays shops and grab food before tipoff. Permission slips available in Main Office, from Mr. Rifenburg in Room 101 or Ms. Bunt in Room 241. Permission slips and cash payment are due Jan. 26. There is one bus, but another will be added if there is demand. Questions? See Mr. Rifenburg or Ms. Bunt.

#### TSTT APPLICANTS

There will be a virtual parent information meeting on Monday, January 8th @ 6pm. The link for the meeting will be sent to individual parent emails. Your application to the program is due Friday, January 12th. Please return applications to the main guidance suite. If you have any questions, please see Ms. Deck or Ms. Keating.

#### NATIONAL ART HONOR SOCIETY

The next meeting is on January 10 after school in room 243.

#### RED CROSS CLUB

Red Cross Club will meet Wednesday, 1/10, in Room 255.

#### POKEMON CLUB

Pokémon Club will meet Thursday 1/11 in room 255. If you have any questions please contact Ms. Sivco. If you are interested in joining please email Ms. Sivco for a link to the Google Classroom or stop by Room 194.

#### FRENCH HONOR SOCIETY

The French Honor Society will meet on Wednesday, January 17th after school in room 343 to discuss upcoming events and activities. All members please make every effort to attend!

#### REGENTS BOOT CAMPS

Free review sessions for January Regents exams continue today after school.

Earth Science - Room 299

Algebra - Room 331

Tomorrow's sessions:

Chemistry - Room 355

Geometry - Room 331

English - Room 210

A schedule of all upcoming review sessions can be found on the RCK

website. <https://drive.google.com/file/d/1gN4vud4BMR9S8FSErDfLVNf4HRa5aU2m/view>

#### CREW

Wappingers Crew Club has Novice Tanks at the Hudson River Association Boathouse running every Saturday in January. If you are interested in rowing in the spring, come check out the boathouse! Fill in the Google Form in your email. <https://docs.google.com/forms/d/e/1FAIpQLScMEP8l4XNFVCD9fKV1qMhDtselhfDeZJldVEMhAkU-Lkxm9Q/viewform>

## SCHOLARSHIPS

The Community Foundation Scholarship Program application portal is currently open. Students can register and apply for several local scholarships by submitting one application. Follow the link for more details or see your counselor. <https://communityfoundationshv.org/scholarships/>

Scholarship information is consistently updated on the Senior Google Classroom and on the scholarship link on the School Counseling webpage:

[https://docs.google.com/spreadsheets/d/e/2PACX-1vSQL9lpLdXiG-2I5hjP5FpW-tJ\\_sMFJH5yqUo8y4r5LVW90Xzey5VnacRgcDd98BFmkceCyCKbo00Rh/pubhtml](https://docs.google.com/spreadsheets/d/e/2PACX-1vSQL9lpLdXiG-2I5hjP5FpW-tJ_sMFJH5yqUo8y4r5LVW90Xzey5VnacRgcDd98BFmkceCyCKbo00Rh/pubhtml)

## Community Foundation Scholarship Workshops:

Monthly virtual scholarship workshops are offered monthly via Zoom. Attendees are led through the online scholarship process and questions are answered throughout the workshop. This event is open to high school students and/or their parent/guardians, undergraduate college students, high school teachers, guidance counselors, and any high school staff or administration. Registration is required and these workshops are .Go to the website <https://communityfoundationshv.org/scholarships/> and click on any of the dates below to register. The Workshop Zoom link will be emailed to all registrants on the morning of each session.

Thursday, February 1, 2023 @ 6:00 pm #2 of 4

Tuesday, March 5, 2023 @ 6:00 pm #3 of 4

Wednesday, April 3, 2023 @ 6:00 pm #4 of 4

## WINNERS CIRCLE

Anyone that may want to be in the Winner's Circle class next year please contact Mr. Bliss (room 223). This is the class where we build a 1965 Shelby Cobra race car. There will be an informational meeting in February, to attend the meeting students need to come to me (or Mr. Yahn or Mr. Musch) to get on the list to attend the meeting. You must come in person. If you do not attend this meeting you will not be eligible for the class.

## YEARBOOK

There is a limited quantity of yearbooks available. You can still secure a book by ordering now at <https://buytheyearbook.pictavo.com/login> School Code 715765

Don't miss out!

## ENGLISH BOOT CAMP

English Regents Bootcamp for the January Regents exam will be held on the following dates directly after school:

Tues 1/9 - Room 210

Tues 1/16 - Room 210

## EARTH SCIENCE BOOT CAMP

Review sessions for the upcoming Earth Science Regents exam in January are ongoing each Monday and Wednesday in room 299 from 2:30 to 3:30 p.m. Remember that ALL students taking the January Earth Science exam must also take a new LAB PRACTICAL on Tuesday, January 23rd at 7:30 a.m. in room 295, which is part of the Regents exam score. Boot camp and exam dates are as follows:

Mon. Jan 8th - room 299

Wed. Jan 10th - room 299

Wed. Jan 17th - room 299

Mon. Jan 22nd - room 299

Lab Practical is Tuesday, Jan. 23rd at 7:30 a.m. - room 295

EXAM is Friday, Jan. 26th at 7:50 a.m (room TBD)

## SENIOR TRIBUTE ADS

Celebrate your Senior with a tribute ad in the yearbook. The deadline to order is 2/23/24, but don't wait! Take care of it now before the rush of graduation sets in. <https://www.tributeads.com/>

### SPORTS TALK CLUB

The Sports Talk Club will begin meeting in January. The class code is n6m2omg and all the information will be in the classroom

### SKI & SNOWBOARD CLUB

Registration to join the Ski & Snowboard Club is open. Students must register online and provide the transportation fee to secure their spot. A very limited number of spots are still available - so don't delay! To join, please begin the registration process online. The registration form may be found here <https://forms.gle/E6G8gPmE7t98EAB19>  
For more information, please visit our Google Classroom at class code: gpnknlc

### LITERARY MAGAZINE

The RCK Literary Magazine is the perfect club for anyone who enjoys expressing their creativity through their writing, art, or photography. Our Prompt Challenge for December/January is "Holiday and Winter Traditions" Share your warming tales with us! Submit your work to this form to be featured in the 2024 Issue: <https://forms.gle/vQHrUaG6PeqfT23E9>  
Our meetings are after school on Thursdays in room 208. Join us! Google Classroom Code: lrh2tys

### OTHER MUSIC CLUB

A club for anyone who is interested in creating their own music of any kind! The Other Music Club is a space to discuss, share, and create live music as a community. No musical skill is necessary, just a willingness to participate. We are aiming to have some sort of performance/ battle of the bands later in the year to showcase students' music (collaborative or individual). Anyone is welcome to join us on Wednesdays in room 203 from 2:30 to 3:30!

### UNICEF

Are you interested in quality community service, advocating for the human rights of women and children, and a fun after-school activity? UNICEF is the club for you! We meet every other Tuesday in room 336! Join the GC for more info! GC: ovydeut

### PTSA

Please help support our students, faculty and staff with your PTSA membership. Sign up online: <https://rck.memberhub.com/store?limit=21&live=true>

### RCK ATHLETICS

Good luck to the Ketcham teams competing today! Varsity Girls Bowling vs Poughkeepsie, Freshman Boys Bowling vs Mahopac, Varsity Boys Bowling vs Poughkeepsie, Varsity Boys Swimming/Diving at Harrison. Let's go RCK!

### ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Make this a great day RCK and remember to go #All In All Ways.

Your principal,  
Dave Seipp